SUMMER CAMPS

CAMP WEEKS

1  |  JUNE 29-JUL 3*
2  |  JULY 6-10
3  |  JULY 13-17
4  |  JULY 20-24
5  |  JULY 27-31
6  |  AUG 4-7*
7  |  AUG 10-14
8  |  AUG 17-21
9  |  AUG 24-28

*Short weeks - no camps on July 1 or August 3.

403-329-2706
http://go.uleth.ca/sportrec
NEW: FREE EXTENDED DROP OFF
ALL Horr Recreation Summer Camps now include Extended Drop-off and pick-up times, free of charge! Early drop off starts at 8:00 am, and late pick up ends at 5:00pm. Additional information will be made available to parents and caregivers closer to the start of summer camps.

ADVENTURE YOUTH CAMP
Week 8 | 5 Day Overnight Camp
AUGUST 17-21 | Cost $260 | 9:00AM-4:00PM
Campers will enjoy an exciting week in the Crownsnest Pass doing various outdoor activities. We will hike and bike through adventurous trails and historic sites, hike up the famous Turtle Mountain, and climb on the rock face of some local favorite crags. Our home base and accommodations are in Blairmore and we venture from there each day.

ARTIST STUDIO CAMP
Weeks 1, 3, 5, 7 | Full Day Camps
Ages 6-9 | Cost $280 (Weeks 1 & 6 are $224)
9:00AM-4:00PM
Week 2, 4, 6 | Full Day Camps
Ages 10-12 | Cost $280 (Weeks 1 & 6 are $224)
9:00AM-4:00PM
Sculpture, printmaking, drawing, painting, collage and more! This camp is for anyone with an interest in creating art. Learn about artists’ works and create your own. Use your imagination to express your personality through hands-on projects that can be shared with friends and family at camp end. Art Camp includes a tour of the University of Lethbridge Art Gallery, art exploration, and developing artistic skills through indoor and outdoor fun summer activities.

BADMINTON CAMPS
COMPETITIVE CAMP
JULY 20-24 (Week 4) | Full Day Camp
Ages 13 - 17 | Cost $230 | 9:00AM-4:00PM
Geared for intermediate and experienced players, emphasizes on skills and tactics.

RECREATIONAL CAMP
JULY 13-17 (Week 3) | Half Day Camp
Ages 8-12 | Cost $120 | 1:00PM-4:00PM
The goal is to introduce juniors to the game of badminton and teach them the basics.

HORNS BASKETBALL CAMPS
ELEMETARY BASKETBALL CAMP
JULY 27 - 31 (Week 5) | Full Day Camp
Ages 6-10 | Cost $225 | 9:00AM-4:00PM
AUGUST 17-21 (Week 8) | Half Day Camp
Ages 6-10 | Cost $125 | 9:00AM-12:00PM or 1:00PM-4:00PM
Camp designed to be an introduction to basketball and focuses on the basics of the game. Participants will be provided the opportunity to learn team building skills and leadership qualities. Campers will also be able to swim in the Max Bell Pool each day of camp.

JUNIOR GIRLS SKILLS CAMP
AUGUST 4 - 7 | (Week 6) | Full Day Camp
Ages 11-14 | Cost $235 | 9:00AM-4:00PM
JUNIOR BOYS SKILLS CAMP
AUGUST 10 - 14 | (Week 7) | Full Day Camp
Ages 11-14 | Cost $235 | 9:00AM-4:00PM
Focus on the fundamentals of basketball taught via games, drills, skills competitions and more. Campers will also be able to swim in the Max Bell Pool each day of camp.

MULTI ACTIVITY CAMP
Offered ALL 9 Weeks
Ages 6-12 | Full Day Cost: $230 (short weeks $184)
Half Day Cost: $120
9:00AM-12:00PM & 1:00PM-4:00PM
These camps offer elementary aged children the opportunity to learn and broaden their horizons acquiring fundamental skills in a variety of activities. Your child has an opportunity to participate in different activity components, such as art, dance, cooperative games and many physical activities. All of our instructors encourage and promote social interaction skills, emphasizing cooperation and individual improvement rather than competition.

CLIMBING CAMP
Offered ALL 8 weeks
Ages 8-16 | Full Day Camp
Cost $230 (short weeks $184) | 9:00AM-4:00PM
These exciting camps introduce our campers to the basics of climbing and belaying. During the week we will also include other activities such as activities & games both indoor and outdoor, survivor challenges and swimming.

LIFESAVING SPORT CAMP
Weeks 3 & 7 | Full Day Camp
Ages 7+ | Cost $230 | 9:00AM-4:00PM
This beginner camp is for youth interested in learning and experiencing growth in a dynamic arrangement of rescue based activities. Swimmers must be able to swim 25m continuously prior to registration. Swimmer Level 4 equivalent.

PRIVATE SWIM LESSONS
Weeks 1-7 | Full Week Lessons | Ages 3+
Learn steps to improve all aspects of your technique. In a private or semi-private lesson (1-3 participants), the curriculum is up to you! Let us know what you would like to improve and leave the rest up to us! Your instructor will customize the lesson to your exact desire. Available lessons are in ½ hour blocks within times featured below.

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<thead>
<tr>
<th>Week</th>
<th>Time</th>
<th>Days</th>
<th>Cost</th>
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<tbody>
<tr>
<td>1</td>
<td>9AM-1245PM &amp; 4-745PM</td>
<td>Mon, Tue, Thu, Fri</td>
<td>$100.00</td>
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<tr>
<td>2</td>
<td>9AM-1245PM &amp; 4-745PM</td>
<td>Mon-Fri</td>
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<td>3</td>
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<td>9AM-1245PM &amp; 4-745PM</td>
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<td>5</td>
<td>9AM-1245PM &amp; 4-745PM</td>
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<td>6</td>
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MOUNTAIN BIKE CAMP
JULY 21-23 | 3 Day Overnight Camp
Ages 12-17 | Cost $160 | 9:00AM-4:00PM
Youth Mountain biking camp for beginner and intermediate youth riders ages 12 - 17 years of age. Campers will enjoy an exciting week in the Crownsnest Pass biking the amazing new trails on Powder Keg Ski Hill and exciting trails in the area. They will also do various outdoor activities. Our home base and accommodations are in Blairmore and we venture from there each day.

MERMAID CAMP
Weeks 1, 2, 5 & 6 | Full Day Camp
Ages 7+ | Cost $230 | 9:00AM-4:00PM
Put your best fin forward with our Mermaid Summer Camp where you will enjoy fun activities in and out of the water, including mermaid crafts! Our mermaid camps are designed to help swimmers learn to swim as gracefully as a creature under the sea. Camps include an underwater photo shoot!

FENCING CAMP
Week 3 (July 13-17) | Half Day Camp
Ages 8-12 | Cost $120 | 9:00AM-4:00PM & 1:00PM – 4:00PM
Fundamental fencing skills are taught through a games and discovery-based approach. Players participate in activities to develop essential skills in a manner that emphasizes enjoyment of the sport.

45 MINUTE LESSONS NOW AVAILABLE!
**DRAMA CAMP**

Weeks 2, 4 | Full Day Camp  
Ages 6-9 | 9:00AM-4:00PM  
Cost $220

Weeks 3, 5 | Full Day Camp  
Ages 9-12 | 9:00AM-4:00PM  
Cost $220

Week 7 | Full Day Camp  
Ages 13-17 | 9:00AM-4:00PM  
Cost $220

Week 8 | Full Day Camp  
Ages 6-12 | 9:00AM-4:00PM  
Cost $220

This camp expands a young person’s creativity through the skillful use of theatre games, movement and vocal exercises. Participants must be able to read.

**JR. HORNS SOCCER CAMP**

Horns Boys and Girls Soccer Camps are intended for players either beginning their soccer journey or looking to fine tune their soccer skills in a competitive environment. Our half day camp focuses on developing basic skills in a fun and encouraging environment through small sided games and activities. Whereas, our Full Day Camp activities will include developing the players technical and tactical abilities, proper running technique, core strength, flexibility and recovery thru yoga, nutrition, proper warmup and cool down techniques and mental preparation. In addition, the players will be able to utilize the Max Bell Aquatic Centre, while finishing the week with a written evaluation and a Horns Soccer ball.

Ages 5-8 | Half Day | June 29 - July 3 (Week 1)  
University of Lethbridge Community Stadium  
Cost $100 | 9:00AM-12:00PM

Ages 9-14 | Full Day | July 13 - July 17 (Week 3)  
University of Lethbridge Community Stadium  
Cost $200 | 9:00AM-4:00PM

Ages 5-8 | Half Day | August 17- 21 (Week 8)  
University of Lethbridge Community Stadium  
Cost $100 | 9:00AM-12:00PM

**RINGETTE CAMP**

Aug 24-28 (Week 9) | Full Day Camp  
Nicholas Sheran Arena  
Cost $395 | 9:00AM-4:00PM  
Camps: U10, U12, U14, U16

Register in the Division you will be playing in during the 2020/21 season. Players will have two on-ice sessions per day, as well as a dryland session (swimming, team building activities & NRL videos). There will be one-on-one, small group and large group instruction. Skills, drills and scrimmages will be included in each on-ice session.

**MARTIAL ARTS CAMP**

Camp details to be announced.

Using ‘Functional Games’, the campers will learn basic self-defence techniques while instilling the foundational principles of leverage and control. The campers will learn about functional movement patterns, which will help increase their fitness levels and co-ordination while mastering the games and having fun.