

University of
Lethbridge



Program Planning Guide

Name: _____

ID: _____

Calendar Year: 2021/2022

Major in Therapeutic Recreation:

www.uleth.ca/healthsciences/tr

Academic Calendar:

www.uleth.ca/ross/academic-calendar

High School Admission Requirements:

www.uleth.ca/ross/admissions/undergrad/high-school

Current and Past Program Planning Guides:

www.uleth.ca/ross/ppgs

Faculty of Health Sciences Advising:

www.uleth.ca/healthsciences/advising
health.sciences@uleth.ca

Bachelor of Therapeutic Recreation

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for the accuracy of their own programs. The guide should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and academic regulations.

Contact an Academic Advisor (www.uleth.ca/ross/academic-advising) for advising information.

Name : _____

ID : _____

Program Requirements

Completion of at least 20 course equivalents (60.0 credit hours) with a cumulative GPA of at least 2.50 on all TREC courses taken for credit towards the degree.

Major Requirements

- _____ HLSC 1060 - Human Anatomy and Physiology
- _____ HLSC 1170 - Human Development Across the Lifespan
- _____ HLSC 3150 - Abnormal Psychology
- _____ TREC 3000 - Foundations of Therapeutic Recreation
- _____ TREC 3100 - Program Planning in Therapeutic Recreation
- _____ TREC 3200 - Introduction to Recreation and Leisure: Across the Life Course
- _____ TREC 3300 - Processes and Techniques in Therapeutic Recreation
- _____ TREC 3400 - Facilitation of Therapeutic Recreation Interventions
- _____ TREC 3500 - Therapeutic Recreation for Special Populations
- _____ TREC 4000 - Issues and Trends in Therapeutic Recreation
- _____ TREC 4100 - Research Design in Therapeutic Recreation
- _____ TREC 4200 - Administration in Therapeutic Recreation
- _____ TREC 4550 - Practicum in Therapeutic Recreation (15.0 credit hours)

One of:

- _____ ABHL 3300 - Traditional Aboriginal Health Concepts
- _____ HLSC 2450/HIST 2450 - Evolution of Health and Illness Care
- _____ HLSC 4500/FA 4500 - Global Health, Fine Arts, and Social Change
- _____ HLSC 3560/HIST 3560 - History of Nursing: Women and the Care of the Sick
- _____ KNES 2130 - Humanities Perspectives
- _____ PHIL 2001 - Introduction to Ethics
- _____ Two Electives (6.0 credit hours) from the Faculty of Health Sciences (ABHL, ADCS, HLSC, PUBH, TREC)
 1. _____
 2. _____

Sample Sequencing Plan for Lethbridge Campus Students

<p>Year 1, Fall</p> <ul style="list-style-type: none"> Health Sciences 1170 Health Sciences 3150 Therapeutic Recreation 3000 Therapeutic Recreation 3100 Therapeutic Recreation 3200 <p>Year 2, Fall</p> <ul style="list-style-type: none"> Therapeutic Recreation 3400 Therapeutic Recreation 4000 Therapeutic Recreation 4200 ABHL/ADCS/HLSC/PUBH/TREC elective "One of" List course 	<p>Year 1, Spring</p> <ul style="list-style-type: none"> Health Sciences 1060 Therapeutic Recreation 3300 Therapeutic Recreation 3500 Therapeutic Recreation 4100 ABHL/ADCS/HLSC/PUBH/TREC elective <p>Year 2, Spring</p> <ul style="list-style-type: none"> Therapeutic Recreation 4550 (15.0 credit hours)
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Sample Sequencing Plan for Online Campus Students

<p>Year 1, Fall</p> <ul style="list-style-type: none"> Health Sciences 3150 Therapeutic Recreation 3000 Therapeutic Recreation 3200 <p>Year 2, Fall</p> <ul style="list-style-type: none"> Health Sciences 3570/Psychology 3570 Therapeutic Recreation 4000 Therapeutic Recreation 4200 Health Sciences 2450/History 2450 <p>Year 3, Fall</p> <ul style="list-style-type: none"> Therapeutic Recreation 4550 (15.0 credit hours) 	<p>Year 1, Spring</p> <ul style="list-style-type: none"> Health Sciences 1060 Therapeutic Recreation 3100 Therapeutic Recreation 3300 Therapeutic Recreation 3500 <p>Year 2, Spring</p> <ul style="list-style-type: none"> Health Sciences 1170 Health Sciences 3800 Therapeutic Recreation 3400 Therapeutic Recreation 4100
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Notes

Due to the structured nature of the B.T.R. program, students are strongly discouraged from declaring a minor. Completing a minor will require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Academic Advisor prior to declaring a minor.

Minimum Grade Requirement: A minimum grade of 'C' is required in all Therapeutic Recreation (TREC) courses. Any student who receives a grade of 'C-' or lower is required to repeat the course and achieve a grade of 'C' or higher.

