Program Planning Guide

Calendar Year: 2019/2020
Name: ________________________________
ID: __________________________________

Major in Aboriginal Health:
www.uleth.ca/healthsciences/aboriginalhealth

Academic Calendar:
www.uleth.ca/ross/academic-calendar

High School Admission Requirements:
www.uleth.ca/ross/admissions/undergrad/high-school

Faculty of Health Sciences Advising:
www.uleth.ca/healthsciences/advising
health.sciences@uleth.ca
403-329-2649
M3083

Current and Past Program Planning Guides:
www.uleth.ca/ross/ppgs

This Program Planning Guide is designed to help you plan your Bachelor of Health Sciences program in the Faculty of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Aboriginal Health major in the Bachelor of Health Sciences program.
Name: ____________________________  ID: ____________________________

B.H.Sc. Aboriginal Health

Major Requirements

_____ ABHL 1000 - Introduction to Aboriginal Health
_____ ABHL 2000 - Indigenous Healing and Restoration
_____ ABHL 3300 - Traditional Aboriginal Health Concepts
_____ ABHL 3310 - Contemporary Issues in Aboriginal Health
_____ ABHL 4350 - Practicum in Aboriginal Health (15.0 credit hours)
_____ ADCS 1020 - Introduction to the Counselling Interview
_____ ADCS 2235 - First Nations Counselling
_____ ADCS 3729 - Studies in Specific Addictive Disorders (Series)
_____ HLSC 1010 - Personal Health and Wellness
_____ HLSC 2310 - Human Nutrition
_____ HLSC 2700/ Soci 2700 - Health and Society
_____ HLSC 3260 - Research in the Health Sciences
_____ HLSC 3450/ PSYC 3450 - Applied Statistics for Clinical Practice
_____ HLSC 3510 - Program Planning and Evaluation
_____ INDG 1000 - Introduction to Native American Studies
_____ MGT 3080 - Managerial Skill Development
_____ PUBH 1000 - Introduction to Public Health
_____ PUBH 3420 - Public Health Ethics
_____ SOCI 1000 - Introduction to Sociology
_____ WRIT 1000 - Introduction to Academic Writing
_____ One course in Blackfoot or Cree: ____________________________

Electives

Courses with a subject code of ABHL, ADCS, EDUC, HLSC, MGT, NURS, PUBH, or TREC may not be used to fulfill the Fine Arts and Humanities Elective, Social Science Electives, or Science Electives in the Aboriginal Health major.

_____ Fine Arts and Humanities Elective: ____________________________
_____ Social Science Elective: ____________________________
_____ Social Science Elective: ____________________________
_____ Science Elective: ____________________________
_____ Science Elective: ____________________________
_____ Open Elective: ____________________________
_____ Open Elective: ____________________________
_____ Open Elective: ____________________________
_____ Open Elective: ____________________________
_____ Open Elective: ____________________________
_____ Open Elective: ____________________________
_____ Open Elective: ____________________________

Sample Sequencing Plan

**Year 1, Fall**
- Aboriginal Health 1000
- Addictions Counselling 1020
- Public Health 1000
- Indigenous Studies 1000
- Social Science Elective

**Year 1, Spring**
- Aboriginal Health 1000
- Health Sciences 1010
- Writing 1000
- One course in Blackfoot or Cree
- Social Science Elective

**Year 2, Fall**
- Aboriginal Health 2000
- Sociology 1000
- Fine arts and humanities elective
- Science Elective
- Elective

**Year 2, Spring**
- Addictions Counselling 2235
- Health Sciences 2310
- Health Sciences 3450/
- Psychology 3450
- Management 3080
- Elective

**Year 3, Fall**
- Addictions Counselling 3729
- Health Sciences 2700/
- Sociology 2700
- Public Health 3420
- Science Elective
- Elective

**Year 3, Spring**
- Aboriginal Health 3300
- Aboriginal Health 3310
- Health Sciences 3260
- Health Sciences 3510
- Science Elective

**Year 4, Fall**
- Aboriginal Health 4350

**Year 4, Spring**
- Elective
- Elective
- Elective
- Elective
- Elective