



Program Planning Guide

Current and past Program Planning Guides are available on the UofL website at www.uleth.ca/ross/ppgs/ppg.html

Calendar Year: 2012/2013
Faculty of Health Sciences

About the Addictions Counselling major in the Bachelor of Health Sciences

The Addictions Counselling major in the Bachelor of Health Sciences was developed by the University of Lethbridge and Medicine Hat College. The Addictions Counselling major provides students with the practical skills and the theoretical knowledge needed for an effective and compassionate role in treatment, prevention and health promotion wherever addiction, or the potential for addiction, affects people's lives. The Addictions Counselling major considers a range of intervention strategies and addictive behaviours, including substance abuse, problem gambling, and sexual or eating disorders.

Admission Requirements

Students may enter the program directly from high school, as a transfer student from an approved post-secondary institution or as non-matriculated adults. Students holding approved diplomas in Addictions Counselling or related areas may be eligible for admission into the Addictions Counselling major in the Post-Diploma B.H.Sc. Please refer to the 2012/2013 University of Lethbridge Calendar, Part 10 - Faculty of Health Sciences, Section 3.c.1.c p. 205 for more information regarding admission requirements. Applications must be received by June 1 for consideration for admission to the subsequent Fall semester. Current Application/Document deadlines are available at www.uleth.ca/ross/admissions/deadlines.html

Admission Statement

All applicants must submit an Admission Statement to the Admissions Office. The mandatory Admission Statement provides the Faculty of Health Sciences with the experience, inspirations, and goals of applicants to the Addictions Counselling program. The Admission Statement form is available at www.uleth.ca/healthsciences/statement. Admission Statements must be received by the Admissions Office by June 1.

Submit Admission Statement:
By Email: admissions@uleth.ca
By Fax: 403-329-5159
By Mail:

Addictions Counselling Admission Statement
Admissions Office
University of Lethbridge
4401 University Drive
Lethbridge, AB T1K 3M4

Since the number of qualified applicants can exceed the number of places available, fulfillment of the minimum academic or statement requirements does not guarantee admission to the B.H.Sc. Addictions Counselling major. The process is competitive and the Faculty of Health Sciences reserves the right of selection of all students for admission and readmission to the Faculty.

Program Structure

General Requirements

1. Successful completion of 40 course equivalents (120.0 credit hours) with a cumulative grade point average of at least 2.00 on courses taken for credit toward the degree.
2. Attain a minimum cumulative grade point average of 2.50 on all required Health Sciences courses taken for credit toward the degree.
3. Completion of the General Liberal Education Requirement (see p. 91 of the 2012/2013 University of Lethbridge Calendar).
4. Attain a passing grade on all required internship courses (Health Sciences 2050 and Health Sciences 4050).
5. Not more than three Independent Study courses may be taken for credit toward the degree.
6. Residence requirement: 20 courses, including a minimum of 10 in Health Sciences.
7. All degree requirements must be completed within seven years of the first Health Sciences course used for credit toward the degree.

Academic Standards

Students must maintain a minimum cumulative grade point average of 2.00 for all courses and 2.50 for required Health Sciences courses.

This Program Planning Guide is designed to help you plan your Bachelor of Health Sciences program in the Faculty of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Addictions Counselling major in the Bachelor of Health Sciences program.

Program Worksheet

Name: _____ ID Number: _____

Health Sciences Courses

- _____ Health Sciences 1000 - Introduction to Addiction Studies
- _____ Health Sciences 1020 - Introduction to the Counselling Interview
- _____ Health Sciences 1220 - Counselling I (Individual Counselling)
- _____ Health Sciences 2120 - Counselling II (Group Counselling)
- _____ Health Sciences 2245 - Assessment of Addictions
- _____ Health Sciences 3002 - Health Education and Promotion
- _____ Health Sciences 3120 - Counselling III (Family Counselling)
- _____ Health Sciences 3130 - Diversity and Counselling
- _____ Health Sciences 3140 - Neurophysiology of Addictions
- _____ Health Sciences 3150 - Adult Psychopathology
- _____ Health Sciences 3240 - Issues in Addiction and Mental Health
- _____ Health Sciences 3260 - Research in Addictions
- _____ Health Sciences 3420 - Ethics in Addictions Counselling
- _____ *Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice
- _____ Health Sciences 3749 - Studies in Specific Addictive Disorders
- _____ Health Sciences 3759 - Addictions in Particular Populations
- _____ Health Sciences 4200 - Community Counselling and Development

* Or any other Statistics course approved by the Dean

Internship Courses

- _____ Health Sciences 2050 - Internship in Addictions Counselling I
- _____ Health Sciences 4050 - Internship in Addictions Counselling II

Other Course Requirements

- _____ Native American Studies 1000 - Introduction to Native American Studies
- _____ Psychology 1000 - Basic Concepts of Psychology
- _____ Sociology 1000 - Introduction to Sociology
- _____ ONE of: Sociology 2020 - Social Problems
Sociology 2500 - Deviance, Conformity and Social Control
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Social Science
- _____ GLER course - Social Science
- _____ GLER course - Science
- _____ GLER course - Science
- _____ Elective
- _____ Elective

Sample Sequencing Plan

Year 1, Fall	Year 1, Spring
HLSC 1000	HLSC 1220
HLSC 1020	NAS 1000
PSYC 1000	SOCI 1000
GLER course	GLER course
GLER course	GLER course
Year 2, Fall	Year 2, Spring
HLSC 2120	HLSC 2050
HLSC 2245	
HLSC 3002	
One of: SOCI 2020 or SOCI 2500	
GLER course	
Year 3, Fall	Year 3, Spring
HLSC 3120	HLSC 3240
HLSC 3130	HLSC 3260
HLSC 3140	HLSC 3450/PSYC 3450 ¹
HLSC 3150	HLSC 3749
GLER course	HLSC 3759
Year 4, Fall	Year 4, Spring
HLSC 4050	HLSC 3420
	HLSC 4200
	GLER course
	Elective
	Elective

¹ Or any other Statistics course approved by the Dean

Questions?

If you have questions about this program, please contact the Faculty of Health Sciences at the University of Lethbridge at tel. 403-329-2649. Advisors are available to talk to you about any academic or other concerns you may have.