What can I do with a Major in **Psychology**?

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**Skills Developed**

- Attention to Detail
- Carry Out Tasks With Thoroughness & Precision
- Communicate ideas Clearly & Efficiently
- Communication
- Conceptualize & Interpret
- Creativity & Flexibility in Thinking
- Critical & Analytical Problem Solving
- Critically Analyze Evidence-Based Claims
- Formulate & Defend Positions
- Formulate Criteria, Evaluate & Make Decisions
- Locate, Gather & Organize Information
- Mathematical & Logical Reasoning
- Negotiate & Mediate Conflict
- Read Critically & Write Persuasively
- Research & Information Management
- Set Priorities & Handle Multiple Assignments and Tasks
- Summarize Research Findings
- Understand the Physiological, Emotional, Cognitive & Social Determinants of Human Behaviour

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**Work Environments**

Psychology provides an excellent background for further professional training in a variety of disciplines including education, law, counselling and social services. Students graduating with a Bachelor of Science degree in Psychology are also well trained for careers in medicine and biotechnology. Psychology graduates may find employment in community organizations, educational and research institutes, governmental organizations, human resources companies, law enforcement agencies, consulting and

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**The Psychology Program at the University of Lethbridge**

Psychology delves into what makes people tick. Psychologists study the relationship between mind and behaviour by investigating the nature of thought processes and behaviours in humans and other animals. Psychologists also study the evolutionary, social and cultural factors affecting the development of our thoughts and behaviours, focusing on topics that have a direct bearing on our day-to-day experience. Unlike many academic disciplines, the subject matter dealt with in Psychology usually has a direct bearing on the day-to-day experiences of people.

Students can work toward one of three degrees: a Bachelor of Arts in Psychology, a Bachelor of Science in Psychology, or a Bachelor of Arts & Science in Psychology. The curriculum in any of these degrees is designed to provide students with a solid background in research.

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For more information on the Psychology Major at the U of L:
http://www.uleth.ca/artsci/psychology

**Faculty of Arts & Science**
C866 University Hall
Phone: 403-329-2235
Email: See [Contact Website](http://www.uleth.ca/artsci/psychology)
Academic Advising:
http://www.uleth.ca/ross/academic-advising

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marketing firms, media companies, non-governmental or non-profit organizations, public relations offices, recreation facilities or social service organizations.

**Key Areas of Specialization:**
Abnormal Psychology, Biopsychology, Clinical, Cognitive, Comparative, Counselling Psychology, Developmental, Education, Experimental, Forensic, Health, Human Factors, Industrial-Organizational, Personality, School, Social, Sports

### Entry Level Job Titles

These jobs are normally intended for new graduates and require 0 to 2 years of experience. It is important to note that many entry level positions require some related experience or demonstrated ability to perform job-related tasks. Even those positions that do not require experience will still prefer an experienced candidate, if one is available.

- Admission Counsellor
- Assistant Clinical Research Coordinator
- Case Specialist
- Clinical Research Associate
- Clinical Services Assistant
- Clinical Subjects Associate
- Clinical Trials Lab Assistant
- Community Based Research Specialist
- Consumer Product Testing Analyst
- Contract Instructor Therapist
- Employee Survey Analyst
- Entry Level Behaviour Interventionist
- Health Counsellor
- Human Resource Officer – Developmental
- Human Resources Coordinator
- Instructional Assistant – Psychology
- Intake Coordinator
- Mental Health Therapy Assistant
- Program Assistant (Organizational Behaviour)
- Program Services Coordinator
- Psychology Technician
- Research Assistant – Psychometrist
- Research Assistant (Youth Bipolar Disorder)
- Research Study Assistant
- Resource Coordinator
- Volunteer Coordinator

**Note:** The U of L offers various resources and programs to facilitate students in gaining work and volunteer experience. Find an entry level position on the CES job board or join the Management or Arts & Science Cooperative Education Programs. Summer jobs, part-time work, internship positions and volunteer experience help students to enhance their skillset, and accumulate work experience for their future career.

### Related Job Titles

These jobs generally require extensive, relevant work experience and/or further education.

- Aboriginal Liaison Officer
- Academic Advisor
- Academic Counsellor
- Activities Coordinator
- Addictions Counsellor
- Admissions Evaluator
- Advertising Agent
- Athletic Therapist
- Behaviour Therapist
- Benefits Manager
- Career Counsellor
- Career Development Professional
- Case Worker
- Child And Youth Worker
- Child Life Specialist
- Clinical Coordinator
- Clinical Manager
- Communications Specialist
- Community Worker
- Creative Art Therapist
- Criminologist
- Crisis Intervention Worker
- Crisis Worker
- Cultural Diversity Consultant
- Customs/Immigration Agent
- Education Specialist
- Educational Administrator
- Educational Counsellor
- Employment Interviewer
- ESL Teacher
- Exercise Therapist

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Thinking Outside the Box: Other Possible Job Title

On average, people change their careers three to five times in their lifetime. So, no matter what major you choose, you may still be interested in opportunities totally unrelated to your program of study. We encourage you to be open to all possibilities! Your undergraduate degree can be a springboard for other educational pursuits, and your transferable skills and experience can prepare you to work in a multitude of settings.

Useful Resources

Recommended websites to assist in exploring the field of Psychology and its career opportunities.

Psychologists Association of Alberta
http://www.psychologistsassociation.ab.ca

Alberta Learning Information Service
Occupational Profile  Psychologist
The College of Alberta Psychologists
http://www.cap.ab.ca/

Canadian Society for Brain, Behaviour & Cognitive Science
https://www.csbbcs.org

Canadian Psychological Association
http://www.cpa.ca

The Psychonomic Society
http://www.psychonomic.org/

Canadian Professional Counsellors Association
http://www.ccpa-rpc.ca

Association for Psychological Science
http://www.psychologicalscience.org

Canadian Council of Professional Psychology Programs
http://www.ccppp.ca/

Canadian Counselling & Psychotherapy Association
http://www.ccpa-accp.ca

Canadian Association for Neuroscience
http://can-acn.org

American Psychological Association
http://www.apa.org

The British Psychological Society
http://www.bps.org.uk

Campus Resources

Career & Employment Services (CES)
http://www.uleth.ca/ross/ces/

Career Counselling (Counselling Services)
http://www.uleth.ca/counselling/

Academic Advising
http://www.uleth.ca/ross/academic-advising

Native Student Advising
http://www.uleth.ca/ross/native-student-advising

Student Success Centre – Study Skills, Learning Strategies & Tutoring
http://www.uleth.ca/student-success-centre/

Accommodated Learning Centre
http://www.uleth.ca/ross/accommodated-learning-centre/

International Centre for Students
http://www.uleth.ca/international/

Registrar Office & Student Services
http://www.uleth.ca/ross/

Scholarship & Students Finance
http://www.uleth.ca/ross/student-finance/

U of L Students’ Union & Student Clubs
http://www.ulsu.ca/

Campus Job Resources

Career & Employment Services Job Board
CES Job board

Arts & Science Applied Studies
http://www.uleth.ca/artsci/applied-studies/students

Arts & Science Co-op Education & Internship
http://www.uleth.ca/artsci/coop

Management Co-op Education
http://www.uleth.ca/management/co-op

Study Abroad & Exchanges
http://www.uleth.ca/international/content/study-abroad-exchanges

Management Study Abroad & Exchanges
http://www.uleth.ca/management/study-abroad

Career & Employment Services (CES)

CES assists U of L students and graduates with their career exploration and work search needs.
AH154 Anderson Hall, Phone: 403-329-2000
Mon- Fri: 9:00 a.m. to 12:00 p.m.; 1:00 p.m. to 4:00 p.m.

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