

New online musicians' health course, Sound Performers!

The Department of Music is participating in a trial of an online course on musicians' health, called Sound Performers. This trial is part of a research study, led by Dr. Christine Guptill, Assistant Professor in Occupational Therapy at the University of Alberta. The research team is studying the impact of this online course. As part of this research, we are inviting you to participate in some surveys.

How can I participate?

1. You can take the online course, Sound Performers, and complete three surveys (before, after, and 3 months after the course). When you have completed the first survey, you will be offered a \$5 gift card (transferred to you by email) to your choice of either Starbucks or Amazon. When you have completed the second survey, you will be offered another \$5 gift card to Starbucks or Amazon. When you have completed the third survey, you will be offered a \$10 gift card to your choice of Starbucks, Amazon, or Tim Hortons. You will also be invited to participate in focus groups, and if you choose to participate you will receive an additional \$20 in the form of either cash (for in-person focus groups) or gift card.
2. You can decide not to take the course, and still take the surveys. We need participants who don't take the course, too! If you take the surveys without taking the course, you will also be offered a \$5 gift card after the first survey, another \$5 gift card after the second survey, and a \$10 gift card after the final survey.
3. You can take the course, and not participate in the research. It's free to take this year!
4. You can decide not to take the course, and not participate in the research. That's ok, too.

Whichever choice you make, there will be no negative consequences, and your grades will not be impacted. If you do take the course, you will not receive any course credit.

What next?

1. To take Sound Performers, the online course (with or without participating in the research), [click here!](#)
2. If you don't want to take the course, but would still like to complete the surveys, [click here!](#)

Thank you very much for taking the time to consider this course and our research. We really appreciate it.

Sincerely,
Teri Slade
on behalf of
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