

Handbook

Bachelor of Therapeutic Recreation

University of Lethbridge



Faculty of Health Sciences



Table of Contents

Welcome Letter from the Dean.....	3
Information about the Program, Definition, and Goals	4
Career Opportunities and Graduate Education	5-6
Courses Offered	6-7
Course Sequencing.....	8-9
FAQ about the Program.....	10
Faculty Biographies	11-12
Moodle and Email.....	13
FAQ about the Practicum	14
Calendar Year	15
Academic Standing	16-17
Student Support Services	17-18
Professionalism and Professional Conferences	18-19
Awards & Scholarships	20
U of L & Community Resources.....	21
Handbook Acknowledgement Form	22



Welcome Letter

Welcome from Dr. Chris Hosgood, Dean of the Faculty of Health Sciences

University of Lethbridge

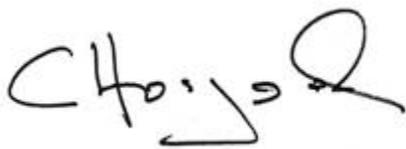
It is my pleasure to welcome you to the Therapeutic Recreation Program. My colleagues and I are delighted that you have selected this opportunity; as a result you are already on the right path to a rewarding career!

I know that you will enjoy your studies and experience professional growth and personal development. We are committed to offering a dynamic and innovative curriculum that will engage you by encouraging you to think critically about the world around you, expose you to the complexities of clients' and their families' lives, and immerse you in settings that will prepare you to practice in a complex and challenging health care environment.

We worked closely with the Alberta Therapeutic Recreation Association, employers and practitioners as we developed our curriculum. You will benefit from working with experienced instructors, and researchers who will provide you with a first rate education. Such a partnership model fosters a learning culture that supports continuing professional development and lifelong learning.

On behalf of all faculty and staff in the Faculty of Health Sciences, I extend best wishes to each of you as you embark upon your educational journey.

Best regards,

A handwritten signature in black ink, appearing to read 'Chris Hosgood', with a stylized flourish at the end.

*Chris Hosgood, PhD
Dean, Faculty of Health Sciences
University of Lethbridge*

Bachelor of Therapeutic Recreation

Through educational and practical experiences the Therapeutic Recreation program prepares graduates to be competent entry-level Therapeutic Recreation Specialists in the cognitive (knowledge), psychomotor (skills), and affective (behaviour) learning domains. Graduates of the program will be prepared to successfully meet the requirements to apply for the National Council for Therapeutic Recreation Certification (NCTRC) exam and become a Certified Therapeutic Recreation Specialist (CTRS).

Therapeutic Recreation Definition

Therapeutic Recreation uses a systematic process (assess, plan, implement, evaluate, and documentation) towards making changes in a person's emotional, spiritual, mental, social, and physical well-being in the environment that they reside. Therapeutic Recreation engages persons based upon their abilities in planned recreation and related experiences, promotes and educates persons in health and wellness, and reduces or eliminates activity limitations to achieve optimal health and well-being.

Goals of graduates of the Therapeutic Recreation Program

- Bases practice on knowledge of history, service models, theory/philosophy, anatomy and physiology, growth/development, and psychology.
- Demonstrate ethical and professional conduct as defined by Therapeutic Recreation professional, certification, and licensing bodies and human rights legislative acts.
- Engage in continuing education opportunities to maintain their abilities as a Therapeutic Recreation professional.
- Use current, relevant research to guide practice.
- Assess and systematically collect comprehensive and accurate information to plan one-on-one and group programs/interventions.
- Collaboratively plan and develop care plans that identify measurable and meaningful goals, modalities, techniques, and interventions specific to the needs of the person.
- Implement program plans using current, relevant interventions to encourage meaningful participation, make changes in the person's well-being, and engage in life activities.
- Conduct evaluation and research to determine changes that occur based on programs implemented.
- Deliver therapeutic recreation programs that respect diversity of the people that they serve.

Career Opportunities

Graduates pursue careers as Certified Therapeutic Recreation Specialists in a variety of settings including long term care, acute care, day programs, rehabilitation, youth-at-risk, community centres, and mental health and addictions. The field is growing and there might be opportunities to work in new areas and populations such as private business, school systems, and correctional services.

Job postings related to Therapeutic Recreation and/or Recreation and Leisure (some require membership to view job postings).

- Faculty of Health Sciences – Student Employment, <http://www.uleth.ca/healthsciences/studentjobs>
- Alberta Therapeutic Recreation Association, <http://www.alberta-tr.org/employment.aspx>
- Canadian Therapeutic Recreation Association, <https://canadian-tr.org/members-only/job-postings-2/>

Graduate Education

Graduates of the Bachelor of Therapeutic Recreation program may choose to pursue graduate studies in the Health Sciences major in the Master of Science program and the Population Studies in Health major in the Ph.D. program at the University of Lethbridge. For more information, please contact health.sciences@uleth.ca.

Qualified Faculty Members for graduate supervision:

Dr. Sienna Caspar

Dr. Caspar's research interests include organizational behaviour, leadership, team work, non-pharmacological treatment of responsive behaviours in dementia care, recreation therapy, and culture change. Dr. Caspar is an assistant professor at the University of Lethbridge in the Faculty of Health Science's -Therapeutic Recreation program.

Research Interests



Dr. Pei-Chun Hsieh

Dr. Hsieh's research focuses on understanding how to promote well-being and positive health behaviors in individuals with disabilities and in their family members as well. In her recent grant projects, she collaborated with disability scholars and service providers in Pennsylvania to explore the barriers and facilitators for individuals with developmental disabilities in maintaining quality of life and community participation from adulthood to late life. Specifically, she and her project team developed online training programs to educate older individuals with developmental disabilities and their families about different strategies to manage their aging-related needs in order to continue living independently in the community.

Research Interests



To stay connected to the program after you graduate, please visit our University of Lethbridge website <http://www.uleth.ca/healthsciences/TR> and like us on our Facebook page at <https://www.facebook.com/facultyofhealthsciences/>

Courses Offered

There are nine (9) core Therapeutic Recreation courses offered as well as the practicum experience in the final term. Following NCTRC (2018) standards we are offering three (3) supportive courses that are specific to their guidelines. Students also have three (3) electives they may choose from a number of different faculties and interests.

TREC 3000 - Foundations of Therapeutic Recreation

Foundations of therapeutic recreation, including models of service, definitions and benefits of therapeutic recreation, the history and development of the profession and the nature of therapeutic recreation service.

TREC 3100 - Program Planning in Therapeutic Recreation

Overview of development, application and evaluation of therapeutic recreation programming. Development and on-going assessment of programs will be explored through theoretical and practical situations.

TREC 3200 - Introduction to Recreation and Leisure: Across the Life Course

Examination of the characteristics, evolution, and functions of leisure in Canada. Review of relationships between leisure and time, play, work, health, family, education, ethnicity, gender, and the environment. Discussion of recreation and leisure resources explored across the life course.

TREC 3300 - Processes and Techniques in Therapeutic Recreation

Focus on advanced study in the theoretical and practical aspects of procedures necessary for assessment, planning, implementation, management and evaluation specific to therapeutic recreation services. Contemporary research outcomes that influence the application of professional practice will be utilized.

TREC 3400 - Facilitation in Therapeutic Recreation

This course will explore facilitation techniques, including processing and building rapport and trust with individuals and groups, when implementing a variety of evidence-based therapeutic recreation treatment interventions. This course is designed to be hands-on and students will be tasked with facilitating mock interventions with their peers.

TREC 3500 - Therapeutic Recreation for Special Populations

This course introduces the characteristics and needs of individuals with various abilities as they relate to Therapeutic Recreation domains of service delivery.

TREC 4000 - Issues and Trends in Therapeutic Recreation

Contemporary issues in the field of therapeutic recreation including such areas as psycho-social, legal and structural, and increasing diversity trends in the field and its regulation will be examined through contemporary research and student-based research projects.

TREC 4100 - Research Design in Therapeutic Recreation

A practical understanding of research methodologies relevant to therapeutic recreation. Advanced application of current assessment and evaluation instruments.

TREC 4200 - Administration in Therapeutic Recreation

Essential management and effective practices of therapeutic recreation in clinical, health care facility, and community-based leisure and/or health care service settings are examined. Students focus on specific administrative functions including Operational Management, Human Services Management, and Client/Consumer Management.

TREC 4550 - Practicum in Therapeutic Recreation

Students will develop and practice skills under the direct supervision of a Certified Therapeutic Recreation Specialist.



Online/Blended Course Sequencing

The program offers an Online/Blended option for those who wish to continue to work, continue to live in their community, and those who wish to take Open Studies courses for upgrading. While we offer much of the program online, there are some learning outcomes that require in person evaluations – this is our two blended courses placed in the summer schedule. You are asked to make your own arrangements to either Calgary or Edmonton (alternates by year). For more information about the blended courses in the summer, please contact academic advising at health.sciences@uleth.ca. Also, the practicum is on-site and full-time for successful completion of the degree. You can complete the practicum anywhere that meets the specific requirements of the NCTRC standards related to practicum. More information can be found in the FAQ on Practicum or by contacting the practicum coordinator, devan.mcneill@uleth.ca.

The courses have been sequenced in a way that you can complete the program in 2.5, 3.5, or 4.5 years enrolled in the online/blended program. **All students have 6 years to complete all the required courses necessary for graduation.** The courses in the Fall term run from September to December with all access online via Moodle. The courses in the Spring term run from January to April with all access online via Moodle. The courses in the Summer term are a blended format where most of the content is posted online except a week long facilitation of learning in person. The two courses (TREC 3100 & TREC 3400) will be combined for the one week long meeting with all students and the instructor of the course. The week will be located in Calgary or Edmonton, depending on the year.

Online/Blended students will follow the course sequencing below (for more information please contact health.sciences@uleth.ca):

2.5-year Course Sequence Plan

Year	Fall	Spring	Summer
2018/2019	TREC 3000 TREC 3150 TREC 3200	TREC 3300 TREC 3500 TREC 1160	TREC 3100* TREC 3400*
2019/2020	TREC 4000 TREC 4200 HLSC 2450	TREC 4100 HLSC 1170 HLSC 3800 HLSC 3570	
2020	TREC 4550 (Practicum)		

* Summer courses are blended

3.5-year Course Sequence Plan

Year	Fall	Spring	Summer
2018/2019	TREC 3000 TREC 3200	TREC 3300 TREC 3500	TREC 3100* TREC 3400*
2019/2020	TREC 3150 TREC 4000	TREC 4100 HLSC 3800	
2020/2021	TREC 4200 HLSC 2450	TREC 1160 HLSC 1170 HLSC 3570	
2021	TREC 4550 (Practicum)		

* Summer courses are blended

4.5-year Course Sequence Plan

Year	Fall	Spring	Summer
2018/2019	TREC 3000 TREC 3200	TREC 3300	TREC 3100* TREC 3400*
2019/2020	TREC 3150	TREC 1160 TREC 3500	
2020/2021	TREC 4000 TREC 4200	TREC 4100 HLSC 1170	
2021/2022	HLSC 2450	HLSC 3800 HLSC 3570	
2022	TREC 4550 (Practicum)		

* Summer courses are blended

Frequently Asked Questions – Therapeutic Recreation

Q: Can I take the program online/blended delivery?

A: Yes, we offer admission into an online/blended cohort. There will be one week during the program where students will travel to Alberta (Calgary or Edmonton) to complete two courses in a condensed time frame (approximately one week). The practicum is full-time (30-40 hours a week), 15-week placement with a CTRS supervisor and must be completed during the degree. Students can complete the program part-time or full-time (depending on the number of courses taken per semester).

Q: Can I take the program at the main campus?

A: Yes, If you attend the main campus the majority of your classes will be taught in a classroom setting, although students should be prepared to complete a few online courses throughout the program. Students who attend main campus full-time can complete the program in two years.

Q: I possess an undergraduate degree in a related field and wish to be a Certified Recreation Therapist Specialist, can I enter the program?

A: Yes, we have an after degree option for both our on campus and online/blended formats for those who have an approved undergraduate degree (a minimum of 90.0 credit hours from a recognized degree-granting institution).

Q: I am currently working in the field and already possess an undergraduate degree, can I take some courses from the program without applying to the program?

A: Yes, if you are seeking certification through NCTRC and do not need the practicum component to meet your certification then you can sign up to take courses through Open Studies. Online and on campus registration through Open Studies is always dependent upon seats available in the course, after admitted students have registered.

Q: How long do I have to complete the program?

A: All degree requirements must be completed within six (6) years of completion of the first Therapeutic Recreation/Health Sciences course used for credit towards the degree.

Q: I already completed some of the support courses in my diploma program, do I have to retake them?

A: Yes. Because we are granting students a block transfer of two years towards a four-year degree no additional transfer credit will be granted. Students also need to take these classes to ensure that they are meeting NCTRC requirements which are included in our courses.

Q: Can I complete the program completely online?

A: No. The program requires students to meet in person for a week of intensive course work during the summer months. The program also has a full-time practicum that must take place at an agency in person.

Faculty Biographies



Sienna Caspar, Assistant Professor

Sienna received a B.Sc. in Therapeutic Recreation from the University of South Alabama in 1990. She has worked in long-term care facilities in both Canada and the United States for over 20 years as both a certified therapeutic recreation specialist (CTRS) and a consultant. She is the author of the MARRCC (Measurable Assessment in Recreation for Resident-Centred Care). In 2008, she received a MA in Gerontology from Simon Fraser University. Her thesis explored the relationship between care staff empowerment and the ability to provide person-centred care in long-term care settings. She continued to study this important topic at the University of British Columbia, where she completed her PhD in the Interdisciplinary Studies Graduate Program.



Pei-Chun Hsieh, Assistant Professor

Pei-Chun Hsieh received her Ph.D. in Leisure Behavior, with a concentration on Therapeutic Recreation and Gerontology, from Indiana University. Dr. Hsieh's research focuses on understanding how to promote well-being and positive health behaviors in individuals with disabilities and their family members. In addition to her research, Pei-Chun serves as a co-chair for the American Therapeutic Recreation Association's International Committee and works with other recreational therapy professionals to promote TR/RT education and research collaboration globally.



Zac Crouse, Instructor (online)

Zac Crouse (M.Ed, CTRS) has worked for over 17 years as a frontline practitioner. He has an M.Ed from St. FX University and a Bachelor of Recreation from Dalhousie University. He has worked extensively with youth who have mental health and substance use issues; and most recently worked as part of an interdisciplinary team on a family therapy program. Zac has an extensive background in adventure therapy and eco-therapy. In 2013 Zac released the film *Paddle To The Ocean* – a documentary film about Zac's use of recreation therapy as part of his treatment for PTSD.



Devan McNeill, Program Coordinator, Practicum Coordinator, and Instructor

Devan completed his undergraduate degree at Brock University in Inclusive and Therapeutic Recreation. From there he completed his internship in Halifax, Nova Scotia and later became a Certified Therapeutic Recreation Specialist (CTRS). He worked as a Recreation Therapist for a number of years in mental health and addictions, acute care, day programs, and on a stroke unit. He completed his master's degree at the University of Waterloo in Recreation and Leisure studies focusing on concepts of community and identity of persons with schizophrenia through narrative methodology. Devan previously taught at the Nova Scotia Community College, Marconi Campus in the Therapeutic Recreation diploma program before moving to Lethbridge.

How to access student email and Moodle The University of Lethbridge

Getting Started:

This link provided by IT services will get you started on setting up your student email address, accessing the Bridge and Moodle.

<http://www.uleth.ca/information-technology/resources/getting-started>

As well, how to configure your email.

<http://www.uleth.ca/information-technology/services/email-students-and-alumni>

Your email is conveniently provided using Gmail interface, which makes use and access easy from both your computer and mobile device.

Moodle specific Instructions:

<https://moodle.uleth.ca>

This one stop-shop allows you access to all of your ULeth web tools (email, Moodle, The Bridge)

<http://www.uleth.ca/webtools> or log in to ULink, a centralized portal where you can check your finances, course announcements and even calculate your GPA!



Frequently Asked Questions

TREC 4550 – Practicum in Therapeutic Recreation

Q: When is a student eligible for the practicum course?

A: An acceptable practicum must be completed after all required therapeutic recreation, support, and elective coursework is completed.

Q: How long is the practicum?

A: The practicum experience will take place over a 15-week period. The total minimum number of required hours is 560.

Q: How do students select their practicum sites?

A: Students are responsible for their placements. With support of the academic supervisor, students will select potential practicum sites and make initial contact with the agency (if necessary). Once a practicum agreement is complete, the student submits the agreement form to the academic supervisor for final approval.

Q: When may students look for practicum sites?

A: Students are encouraged to begin researching possible practicum sites a year before you are enrolled in TREC 4550.

Q: Who qualifies as a site/agency supervisor?

A: According to NCTRC, an acceptable practicum must have one (1) identified primary supervisor. The primary supervisor is responsible for working with the student on a consistent basis, coordinates all other secondary supervision and completes all evaluation materials and weekly reports pertaining to the practicum experience. Individuals must have had their CTRS credential for one year minimum to supervise. You can go to www.NCTRC.org and place the supervisor's last name there and see if they have had their credential for one year.

Q: Can students get paid for their practicum?

A: Typically the practicum is unpaid. The agency is not required to arrange living quarters for students or defray student living expenses while they are engaged in the practicum; however, there are some agencies that may partially cover expenses or allow for a stipend to be given to the student.

Q: How will students be evaluated and graded?

A: Students will receive a pass/fail upon completion of their practicum experience. The grade will be based on the agency supervisor's evaluation and satisfactory completion of assignments. Students are required to achieve a minimum final grade of 70% in order to attain credit for TREC 4550.

Bachelor of Therapeutic Recreation Calendar Year – 2018/2019

Course Requirements

Therapeutic Recreation 3000 - Foundations of Therapeutic Recreation
 Therapeutic Recreation 3100 - Program Planning in Therapeutic Recreation
 Therapeutic Recreation 3200 - Introduction to Rec. and Leisure: Across the Life Course
 Therapeutic Recreation 3300 - Processes and Techniques in Therapeutic Recreation
 Therapeutic Recreation 3400 - Facilitation in Therapeutic Recreation
 Therapeutic Recreation 3500 - Therapeutic Recreation for Special Populations
 Therapeutic Recreation 4000 - Issues and Trends in Therapeutic Recreation
 Therapeutic Recreation 4100 - Research Design in Therapeutic Recreation
 Therapeutic Recreation 4200 - Administration in Therapeutic Recreation
 Therapeutic Recreation 4550 - Practicum in Therapeutic Recreation (15.0 credit hours)
 Health Sciences 1850 - Human Anatomy and Physiology
 Health Sciences 1170 - Human Development Across the Lifespan
 Health Sciences 3850 - Abnormal Psychology

One of:

Health Sciences 2450/History 2450 - Evolution of Health and Illness Care
 Health Sciences 4500/Fine Arts 4500 - Global Health, Fine Arts, and Social Change
 Kinesiology 2130 - Humanities Perspectives
 Philosophy 2001 - Introduction to Ethics

Two of:

Health Sciences 2600/Women and Gender Studies 2100 - Women and Health
 Health Sciences 2700/Sociology 2700 - Health and Society
 Health Sciences 3500 - Information in Health Care
 Health Sciences 3510 - Program Planning and Evaluation
 Health Sciences 3570/Psychology 3570 - Contemporary Issues in Mental Health
 Health Sciences 3750 - Addictions and Youth
 Health Sciences 3800 - Teaching and Learning for Health Professions
 Health Sciences 3860 - Men's Health
 Kinesiology 2140 - Psychological Perspectives
 Kinesiology 2150 - Sociological Perspectives

Sample Sequencing Plan for On-Campus Students

Year 1, Fall 2018

Health Sciences 3850
 Therapeutic Recreation 3000
 Therapeutic Recreation 3100
 Therapeutic Recreation 3200
 "One of" List course

Year 1, Spring 2019

Health Sciences 1060
 Health Sciences 1170
 Therapeutic Recreation 3300
 Therapeutic Recreation 3500
 Therapeutic Recreation 4100

Year 2, Fall 2019

Therapeutic Recreation 3400
 Therapeutic Recreation 4000
 Therapeutic Recreation 4200
 "Two of" List course
 "Two of" List course

Year 2, Spring 2020

Therapeutic Recreation 4550 (15.0 credit hours)

Academic Standing

It is very important to your success in the Therapeutic Recreation program that you achieve minimum standards, both in required Therapeutic Recreation and Health Sciences courses and in your support courses. If you have questions or concerns, please speak to your academic advisor.

A student shall be placed on academic probation if his/her cumulative grade point average falls below the minimum listed for all courses or below the minimum listed for required Therapeutic Recreation courses for one semester at the University of Lethbridge:

Number of Completed Courses (includes transfer courses) ¹	Good Standing	Academic Probation	Required Withdrawal
21-30	2.00 or higher	1.85-1.99	Below 1.85
31-40	2.00 or higher	-	Below 2.00

¹Post-diploma students are considered to have a minimum of 20 completed courses.

Required Withdrawal for One Full Year/Academic Disqualification

A student is required to withdraw from the Faculty of Health Sciences if the cumulative GPA falls below the required levels for two or more consecutive terms at the end of the spring term, or the student fails to meet the Standards of Professional Conduct.

A student dismissed for academic reasons may apply for readmission after a lapse of one full year from the beginning of the semester in which he/she was disqualified. Students dismissed for a second time will not be re-admitted to the program.

Guidelines for Suspension or Closure at the University of Lethbridge

Closure or Suspension of Operations

Closing a University campus means that:

- All classes are cancelled;
- Scheduled meetings and other events, including external user events, are not held;
- All normal business and services on campus are ceased, and individuals not designated as “required” are discouraged from coming to campus or staying on campus; and,
- Examinations are cancelled and rescheduled in accordance with Academic Policies.

Suspension of operations means that the University remains open in whole or in part, but some or all of the following operations may be suspended:

- Classes, including examinations, which will be rescheduled in accordance with Academic Policies;
- Library; and,
- Scheduled meetings and other events, including external user events.

In the case of suspension of operations/campus closure, Faculties are responsible for determining and communicating decisions regarding student assignments and other submission deadlines that were scheduled for the day(s) of the suspension of operations/closure

Other resources: <https://www.uleth.ca/campus-safety/emergency-instructions>

Student Support Services

- a) **Program Planning** – Consult the Academic Advisor, Tara Froehlich (tara.froehlich@uleth.ca or health.sciences@uleth.ca) regarding selection of optional courses and career planning in relation to areas of therapeutic recreation or graduate studies. Students are encouraged to review and track progress in the Program Planning Guide. Advanced planning is recommended to support optimal progression through the degree requirements.
- b) **Practicum Planning** – Consult the Practicum Coordinator, Devan McNeill (devan.mcneill@uleth.ca) to discuss opportunities to gain experience by completing a 15-week practicum placement. Students are encouraged to contact the Practicum Coordinator 1 year prior to the practicum placement to being planning, as a placement application is usually submitted 6 months prior to a practicum.

Student Support Services

University of Lethbridge maintains a liability insurance program, inclusive of Comprehensive General Liability and Malpractice Insurance that extends coverage to therapeutic recreation students enrolled in the program **while acting within the scope of their academic requirements and duties**. The insurance provides coverage for activities required for completion of the course of studies including home visits, field trips, and contracted affiliations at other agencies. (Note any activities performed outside of the student's academic program or independent of the student's academic requirements is not insured under the University's liability insurance program. Also the student is responsible for ensuring that they have insurance in place for his/her health and dental coverage as well as his/her personal effects as well as any automobile which he/she may operate).

University of Lethbridge is not responsible for therapeutic recreation students who are working as volunteers (with the exception of service learning or field schools completed as a part of a course requirement) or paid employees in other institutions. Students

participating in functions for other agencies do so as private individuals unless there is a contractual agreement between the institutions and the agency.

Support Services for Aboriginal Students in Health Sciences

The Faculty of Health Sciences provides personal and academic support services to self-declared First Nations, Inuit and Métis students who are interested in careers in the health sciences. An integrated approach involving incorporation of Elders, mentors and advisors is used. Assistance is also offered to help locate resources such as laptops, tutors, scholarships and bursaries. Social networking opportunities help students successfully adjust to student life and create peer support systems.

If you would like to access our services or have any questions, you're encouraged to contact the Learning Facilitator at 403-332-4579, or stop by the office in Markin Hall, M3078.

Insurance

For insurance purposes all incidents/accidents occurring in the course of the student's academic initiatives that results in injury and/or property damage to others or that may have the potential to give rise to a claim against, must be reported to Risk & Safety Services at 403-382-7176. The Campus Accident Incident Report should be completed: (<http://www.uleth.ca/risk-and-safety-services/node/add/cair>).

Professionalism

A basis for any health care professional, we in TR as obligated to follow Standard of Practices and Code of Ethics of the profession. This applies to each student, in and out of the classroom. This includes time spent during the practicum. Please review these further on your own. Each instructor in the TR program will review in further detail their specific expectations regarding this issue.

Standards of Practices (Canadian Therapeutic Recreation Association, 2018)

STANDARD #1	ASSESSMENT
STANDARD #2:	INTERVENTION PLAN DEVELOPMENT
STANDARD #3:	INTERVENTION PLAN IMPLEMENTATION
STANDARD #4:	DOCUMENTATION
STANDARD #5	EVALUATION
STANDARD #6	INTERDISCIPLINARY COLLABORATION
STANDARD #7:	PROFESSIONAL DEVELOPMENT
STANDARD #8:	RESEARCH
STANDARD #9	ETHICS
STANDARD #10	SENSITIVITY TO DIVERSITY
STANDARD #11	RISK MANAGEMENT

https://canadian-tr.org/wp-content/uploads/2015/02/Standards_of_Practice_2006-English.pdf

Code of Ethics (Alberta Therapeutic Recreation Association, 2018)

The Recreation Therapist:

- is obligated to be competent in the service of defined Standards of Practice for Therapeutic Recreation.
- is committed to the continuous task of learning and self-improvement, to increase individual effectiveness as a professional.
- encourages the trust and confidence of the client and others through professional conduct and appearance.
- encourages and participates in projects or research aimed at upgrading professional services, and communicates the results of these efforts.
- acknowledges inherent human rights guaranteed by law and treats each client with dignity and respect.
- recognizes the client has the right to accept or refuse any therapeutic recreation service recommended to him/her.
- responds to requests for information and education. Requests are referred to appropriate sources when information is beyond the resources of the therapist or agency.
- will conduct all programs with due regard to the safety of the client, other clients, colleagues, and himself/herself.
- is obligated to preserve and protect the confidentiality of any information, either medical or personal, acquired through professional contact with the client, except where disclosure of such information is necessary to the service or treatment of the client, or is a legal requirement of the courts.
- functions as a cooperative member of a treatment team for the delivery of effective health care.
- serves as an advocate for Therapeutic Recreation by promoting the purpose, values, and ethics of the profession.

<http://www.alberta-tr.org/about-atra/code-of-ethics.aspx>

Professional Conferences

Students are encouraged to attend and/or present at conferences related to TR.

- Provincially – Alberta Therapeutic Recreation Association, usually held every October. <http://www.alberta-tr.org/annual-symposium.aspx>
- Nationally – Canadian Therapeutic Recreation Association, usually held in the spring/summer every year. <https://canadian-tr.org/>
- Internationally – American Therapeutic Recreation Association, usually held in September/October every year. <https://www.atra-online.com/>

Awards & Scholarships

There are a number of different scholarships offered through the Faculty of Health Sciences and through the University of Lethbridge in general. Below is a table of key scholarships students in the Therapeutic Recreation program are eligible for. There is also a link to all the University of Lethbridge's scholarships across programs.

https://www.uleth.ca/ross/sites/ross/files/imported/academic-calendar/2018-19/cal_doc.pdf

Title and Donor	Value and Number	Eligibility	Criteria	Application
Therapeutic Recreation Entrance Award (Faculty of Health Sciences)	Value: \$500 Number: Variable	Students entering the Post-Diploma Bachelor of Therapeutic Recreation program	<ul style="list-style-type: none"> Enrolment in the Post-Diploma Bachelor of Therapeutic Recreation program. Must be registered in a minimum of 9.0 credit hours in the Fall and Spring semesters of the first year. 	<ul style="list-style-type: none"> Not required
Charlotte Gregory Memorial Scholarship (Dr. Stan Gregory and Mrs. Mathilde Miller)	Value: \$900	<ul style="list-style-type: none"> Students enrolled in the Faculty of Health Sciences 	<ul style="list-style-type: none"> Academic achievement 	<ul style="list-style-type: none"> May 1
Health Sciences Award of Excellence (UofL alumni and friends)	Value: \$500 minimum	<ul style="list-style-type: none"> Continuing students in the Faculty of Health Sciences 	<ul style="list-style-type: none"> Academic achievement 	<ul style="list-style-type: none"> Not required
Helen Morgan Community Health Award (Family of the late Helen Morgan)	Value: \$300 minimum	<ul style="list-style-type: none"> Students enrolled in the Faculty of Health Sciences 	<ul style="list-style-type: none"> Academic achievement Demonstrated interest in Community Health through employment or volunteer work in the field 	<ul style="list-style-type: none"> Not required
Vincent Menard Memorial Scholarship (Mrs. L.D. Menard)	Value: \$300 minimum	<ul style="list-style-type: none"> Preference will be given to a graduate of the UofL Faculty of Health Sciences 	<ul style="list-style-type: none"> Academic proficiency as measured by the Faculty of Management admission average 	<ul style="list-style-type: none"> Not required
Frank M. and Lila Linn Thompson Prize (Estate of Frank M. Thompson)	Value: \$1,700	<ul style="list-style-type: none"> Students graduating from the Faculty of Health Sciences 	<ul style="list-style-type: none"> Highest cumulative GPA among spring or preceding fall graduates of the Faculty of Health Sciences during that academic year 	<ul style="list-style-type: none"> Not required Nominated by the Faculty of Health Sciences

Alberta Therapeutic Recreation Association (ATRA) Awards

There are many benefits of joining the provincial Therapeutic Recreation association including being eligible for awards! One award that students are eligible for is the *ATRA Entry to Practice Bursary*. Students are encouraged to fill out the application form and submit before September 15 of each year. More information can be found at

<http://www.alberta-tr.org/students/awards-scholarships.aspx>

University of Lethbridge & Community Resources

University of Lethbridge Contacts	Phone	Email	Website
Therapeutic Recreation Coordinator Devan McNeill (M3053)	403-332-5254	devan.mcneill@uleth.ca	ulethbridge.ca/healthsciences/tr
Therapeutic Recreation Professor Sienna Caspar (M3045)	403-329-2724	sienna.caspar@uleth.ca	ulethbridge.ca/healthsciences/tr
Therapeutic Recreation Professor Pei-Chun Hsieh (M3039)	403-394-3946	peichun.hsieh@uleth.ca	ulethbridge.ca/healthsciences/tr
Therapeutic Recreation Instructor Zac Crouse	902-220-0313	zac.crouse@uleth.ca	ulethbridge.ca/healthsciences/tr
Therapeutic Recreation Student Advisor Tara Froehlich (M3083)	403-329-2649	health.sciences@uleth.ca	ulethbridge.ca/healthsciences/advising www.facebook.com/facultyofhealthsciences/
FNMI Learning Facilitator Marilyn Lamb (M3078)	403-332-4579	marilyn.lamb@uleth.ca	ulethbridge.ca/healthsciences/fnmiservices
Accommodated Learning Centre (B760)	403-329-2766	alc@uleth.ca	ulethbridge.ca/ross/accommodated-learning-centre
Admissions (SU140)	403-382-7134	admissions@uleth.ca	ulethbridge.ca/ross/admissions
Bookstore (SU210A)	403-329-2611	bookstore@uleth.ca	ulethbridge.ca/bookstore
Campus Food Bank (SU180)	403-329-2222	foodbank@ulsu.ca	
Career & Employment Services (AH154)	403-329-2187	ces.students@uleth.ca	ulethbridge.ca/ross/ces
Counselling Services (TH218)	403-317-2845		ulethbridge.ca/counselling
Daycare	403-332-4064		ulethbridge.ca/daycare
Health & Dental Plans (SU180)	403-329-2039	su.health@uleth.ca	ulsu.ca/?p=20
Health Centre (SU020)	403-329-2484	healthcentre@uleth.ca	ulethbridge.ca/hr/health-centre
Housing Services (C420)	403-329-2584	housing@uleth.ca	ulethbridge.ca/housing
IT Solutions Centre (E610)	403-329-2490	help@uleth.ca	ulethbridge.ca/information-technology
Library	403-329-2265	gsd.library@uleth.ca	ulethbridge.ca/lib/ask_us
Registrar's Office (SU140)	403-320-5700	regoffice@uleth.ca	ulethbridge.ca/ross
Scholarships & Student Finance (AH115)	403-329-2585	fin.aid@uleth.ca	ulethbridge.ca/ross/student-finance
Security & Parking Services (L911)	403-329-2603	security.services@uleth.ca	ulethbridge.ca/security
Sport & Recreation Services (PE160)	403-329-2706		ulethbridge.ca/sportrec
Students' Union (SU180)	403-329-2222	su.adasst@uleth.ca	ulsu.ca
Writing Centre (L1006A)	403-394-3963	writingcentre@uleth.ca	ulethbridge.ca/artsci/academic-writing/writing-centre
Community Contacts	Phone	Email	Address
CASA (community art centre)	403-327-2272		230 - 8 th Street South
Interfaith Food Bank	403-320-8779	info@interfaithfoodbank.ca	1116 - 3 rd Avenue North
Lethbridge Food Bank	403-320-1879	director@lethbridgefoodbank.ca	1016 - 2 nd Avenue South
Lethbridge Police Services	403-327-2210	inquiries@lethbridgepolice.ca	135 - 1 st Avenue South
Lethbridge Public Library	403-380-7311		810 - 5 th Avenue South
Lethbridge Transit	403-320-3885	transit@lethbridge.ca	619 - 4 th Avenue South
YMCA	403-327-9622	admin@lethbridgeymca.org	515 Stafford Drive South
YWCA	403-329-0088	inquiries@ywcalethbridge.org	604 - 8 th Street South
Important Contacts	Phone	Email	Website
Alberta Therapeutic Rec. Association		atra@alberta-tr.org	www.alberta-tr.org
Canadian Therapeutic Rec. Association		CTRA@canadian-tr.org	www.canadian-tr.org
National Council for TR Certification	845-639-1439	NCTRC@nctrc.org	www.nctrc.org

Handbook Acknowledgement Form

Please read the below statements and sign the bottom of this form so that it can be placed in your permanent advising file.

I have reviewed the Therapeutic Recreation Undergraduate Program Student Handbook for Academic Year 2018-2019. I understand that it is my responsibility to monitor and fulfill the curriculum and graduation requirements and maintain an acceptable GPA (See the University of Lethbridge's 2018-2019 Academic Calendar for more information). I understand that it is my responsibility to be knowledgeable about the program and university policies and procedures, as outlined in this handbook.

Student Name (please print)

Student's Signature Date

Witness' Signature Date