

# Improving Life



## Leading the industry in employee and family assistance, organizational wellness, and disability prevention services.

Homewood Health brings a one-of-a-kind approach to the market with unparalleled clinical quality backed by the expertise of one of Canada's leading mental health and addiction centres. Employees and family members with 'at risk' mental health and addiction issues have access to advanced clinical support.

Our work-life services and educational tools are developed by psychologists and expert specialists, to help employees manage hectic lifestyles, and their own health and well-being in a way that fits with their lives.

### Employee and Family Assistance Program (EFAP)

#### Overview

All of our EFAP services are preventative and intuitive to use. Our solutions allow easy and secure access. Clinical response is fast and available 24/7. Counselling is short-term and goal-oriented.

#### Promotions

Homewood Health provides all program support materials and activities including **high impact EFAP launch materials, orientation sessions, webinars, key person training manuals, brochures, posters, and ongoing creatively themed health promotions and events.**

#### Organizational Support

We offer the services of a dedicated Account Executive to fully support Human Resources and Occupational Health and Wellness Professionals. Your Account Executive provides expert advice, consultation, and problem-solving.

We provide a Human Resource online library, workplace health information, and manager and leadership e-learning courses. Your Account Executive will review your program, report trends, and contribute to your organization's health.

Contact us to learn more.

1.800.663.1142 | [contact@homewoodhealth.com](mailto:contact@homewoodhealth.com)

[homeweb.ca](http://homeweb.ca)



**Homewood**  
Health | Santé



# Homewood Health: Improving Life

## EFAP

### Crisis Management Services

On-Site Crisis Intervention • Post-Incident Follow-Up  
Peer Training

### Short-Term Counselling

In-Person • Telephonic • E-Counselling • Video Counselling

### Plan Smart — Lifestyle and Specialty Counselling

#### Life Balance Solutions

Childcare and Parenting Services • Elder and Family Care  
Services • New Parent Support • Legal Advisory Services  
Financial Advisory Services • Relationship Solutions

#### Health Smart Coaching

Smoking Cessation Program • Nutritional Counselling  
12 Weeks to Wellness

#### Career Smart Counselling

Career Counselling • Pre-Retirement Planning Service  
Shift Worker Support

### Online Resources

E-Learning Courses • Health and Wellness Library • Health Risk  
Assessment • BusyFamily Childcare Service Locator •  
BusyFamily Eldercare Service Locator

**Homewood Health offers additional services, outside of EFAP,  
including Organizational Wellness and Employee Health  
Management.**

## Organizational Wellness

### Overview

Organizational Wellness offers an array of employee and  
productivity services that promote overall employee and  
organizational health.

### Benefits

Homewood Health Organizational Wellness services are offered  
to assist organizations in making better choices when it comes  
to the management of human capital. The ultimate benefit is to  
help your human resource professionals and corporate leaders  
develop high performance organizations.

## Health Promotions

Employee Wellness Sessions • Leadership Workshops • Health  
Challenge Events • The Team Achievement Program • Workplace  
Wellness Experts • Health Kiosks

## Workplace Interventions

Workshops, facilitation and coaching (violence, harassment,  
bullying, change, downsizing, respect) • Conflict Resolution  
Services

## Surveys and Scans

Workplace Health Scan • In-Depth Organizational Assessments

## Selection and Succession

Screening and Assessment • 360 Assessments • Leadership and  
Management Coaching

## Disability Prevention

### Overview

Homewood Health Disability Prevention services help  
employees return to work in a safe, timely, and sustainable  
manner.

### Benefits

A well-designed, progressive, integrated disability management  
program can shorten, or even prevent, employee absences,  
reduce costs, and maintain productivity. We apply consistent  
principles, complementary processes, and a proactive 'best  
practices' approach to disability management.

### Substance Abuse Expert Services

Assessment with complete diagnosis

### Depression Care (longer-term therapy)

### Trauma Care (longer-term therapy)

### Fitness to Work/Return to Work Psychological Assessments

### Psychological Assessment and Long-Term Treatment Services

### Relapse Prevention

Case Management • Post-Assessment Treatment

Contact us to learn more.

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