



**NESA**  
NURSING EDUCATION  
IN SOUTHWESTERN ALBERTA

Name: \_\_\_\_\_ ID: \_\_\_\_\_

## Program Planning Guide

Current and past Program Planning Guides are available on the UofL website at [www.uleth.ca/ross/ppgs/ppg.html](http://www.uleth.ca/ross/ppgs/ppg.html)

**Calendar Year: 2010/2011**  
**Faculty of Health Sciences**

**NESA (Nursing Education in Southwestern Alberta)**

**Bachelor of Nursing**

### Mission

The Nursing Education in Southwestern Alberta (NESA) program is a collaboration between Lethbridge College (LC) and the University of Lethbridge. The NESA program prepares professional baccalaureate nursing graduates as generalist entry-level practitioners who are committed to self-directed lifelong learning in nursing practice.

### Program Goals

1. Provides education that promotes innovative nursing practice and scholarship.
2. Utilizes a teaching/learning process that is learner-centred and facilitates lifelong learning and continuing competence.
3. Prepares graduates to be caring holistic professionals who base their nursing practice on theoretical knowledge, evidence, and standards for nursing practice.
4. Promotes quality clinical practice to the full scope of the baccalaureate nursing role.
5. Places theoretical and clinical emphasis on cultural, social, and health issues, particularly related to rural, elderly, and Aboriginal populations.
6. Encourages the professional development of its diverse faculty as educators, clinicians, researchers, and community advocates.
7. Collaborates with clinical and community partners in nursing education, practice, and research.

### Teaching-Learning Model for Nursing Courses

The NESA program uses a variety of learner-centred active learning strategies, including problem-based learning. The learning environment will include small and large groups and diverse clinical settings. Students will learn under the guidance of an experienced nurse faculty member. Situations from real nursing practice have been carefully chosen to guide students toward the learning outcomes of the nursing courses. Whenever possible, nursing theory courses are aligned with concurrent clinical practice experiences.

Students are expected to take responsibility for their own learning and that of their peers. The members of the learning group determine what they need to know to care for the client in the nursing situation and how they will acquire the knowledge, and share their learning with each other. Knowledge from non-nursing courses is integrated into nursing courses. The aim is that graduates will be lifelong learners who are skilled in the processes of learning and in working effectively as a member of a team.

Successful completion of the four-year baccalaureate program earns the student a Bachelor of Nursing (B.N.) degree.

Students will be expected to incur the costs of obtaining the prescribed NESA uniform and other equipment such as a stethoscope. Travel outside of Lethbridge will be expected for clinical practice. In certain practice courses, regular travel within Lethbridge is expected.

This Program Planning Guide is designed to help you plan your Bachelor of Nursing program in the Faculty of Health Sciences at the University of Lethbridge and the Centre for Health and Human Services at Lethbridge College. The information should help you keep track of your progress.

Please remember that this is only a guide. It should be used in conjunction with the Lethbridge College and University of Lethbridge Calendars, which are the final authorities on all questions regarding program requirements and admission to the NESA Bachelor of Nursing program.

**How Do I Apply?**

New applicants must apply directly to the University of Lethbridge. Newly admitted students will register in and attend courses at Lethbridge College for the first two years of the program. For the final two years of the program, students will register in and attend courses at the University of Lethbridge.

Graduates of the NESAs Nursing diploma who have become certified as Registered Nurses may pursue a Bachelor of Nursing degree through application to the Post-Diploma B.N. program at the University of Lethbridge.

For more information visit [www.uleth.ca](http://www.uleth.ca) or contact a Student Advisor (tel. 403-329-2220).

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**Program Overview**

The NESAs Bachelor of Nursing program includes both professional Nursing and liberal education courses. The professional program is built upon a sound liberal education foundation including courses from the areas of Fine Arts and Humanities, Social Sciences, and Science.

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**Application/Document Deadlines**

Applications must be received by March 1 for consideration for admission to the subsequent Fall Semester.

To be considered, applicants must have submitted both interim or unofficial transcripts and mid-term mark statements (for any high school or college courses in progress) to the University by April 1. All documents accompanying the application should be received by June 15 for post-secondary applicants and August 1 for high school applicants.

Students currently studying in high school should follow the procedures for Early Admission (see the 2010/2011 University of Lethbridge Calendar, Part 1 - Admission, Section 3.a.3. Early Admission, p. 28).

(Current Application/Document Deadlines are available at [www.uleth.ca/ross/admissions/deadlines.html](http://www.uleth.ca/ross/admissions/deadlines.html)).

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**Professional Nursing Courses**

The professional courses include studies in the foundations of Nursing, its practice and the expansion of its knowledge.

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**General Liberal Education Requirement**

The General Liberal Education Requirement is a degree requirement for all University of Lethbridge undergraduate students. It is based on the liberal education philosophy of the University and is designed to ensure that students acquire breadth of knowledge encompassing a wide range of disciplines.

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**Residence Requirement**

Students must complete 20 courses including a minimum of 12 in Nursing and Health Sciences at the UofL or LC.

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**Minimum Grade Requirement**

A minimum grade of C is required in Nursing 163/Nursing 1220 and Nursing 173/Nursing 1320. A student who receives a grade of C- or less must repeat the course prior to proceeding in the program. A minimum grade of C- is required in all other Nursing courses. Any student who receives a grade of D+ or lower is required to repeat the course and achieve a grade of C- or higher before being allowed to take further nursing courses and proceed in the program.

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**Transfer Credit**

Credits earned outside of the UofL or LC may be used to meet degree requirements. This transfer credit may either be specified or unspecified (3xxx or 4xxx). Unspecified course credit means that the University of Lethbridge does not offer the same course you transferred in, but we recognize it and treat it as a regular course. An unspecified course may count as one of your electives.

Students may receive transfer credit for both Nursing and non-Nursing courses. Nursing courses must have been completed at an accredited post-secondary institution not more than seven years prior to the expected date of completion of the baccalaureate program. Non-Nursing courses are subject to the time limits of the relevant Faculty. Courses for which transfer credit is being sought must be discussed at the time of acceptance into the Faculty of Health Sciences at the University of Lethbridge.

A student may transfer up to 20 semester courses equivalents to any of the participating institutions (LC or UofL).

For any student, transfer credit will initially be to a maximum of 13 semester course equivalents (39.0 credit hours). Not more than five of these course equivalents (15.0 credit hours) can be in Nursing subjects. Transfer of additional courses, to a maximum of seven semester course equivalents (21.0 credit hours), will be contingent upon the student's continuation into the third year of the degree program. Not more than three of these course equivalents (9.0 credit hours) may be in Nursing subjects.

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**Independent Study**

Students may also use Independent Study courses to meet degree requirements. An Independent Study is a course that consists of an individual research project for which you may earn course credit. An Independent Study may be done as NURS 3990 or 4990. No student shall receive credit for more than three Independent Studies in the program.

If you are interested in completing courses of this type, you must have a GPA of 3.00 or higher. You should contact an Academic Advisor in the Faculty of Health Sciences at the University of Lethbridge (tel. 403-329-2220) for assistance.

**Accelerated NESA Course Sequencing**

Students with a minimum GPA of 2.50 (on the UofL 4.0 scale) may elect, during the second semester of their second year, to complete the accelerated NESA course sequencing. This may occur only after consultation with and approval by an Academic Advisor in Health Sciences at the University of Lethbridge and will enable students to complete their programs by the end of December rather than the end of April of the fourth year. There may be a limited number of seats available. The first two years are identical to the regular course sequencing of the NESA B.N. Program.

**Questions?**

Many of your questions are answered in the University of Lethbridge or Lethbridge College Calendars. Make sure you are familiar with Part 10 in the University of Lethbridge (UofL) Calendar, the Nursing entry in the Lethbridge College (LC) Calendar, and the Academic Regulations section of each Calendar where you will find information regarding grading systems and requirements for promotion and graduation.

If you cannot find the answers to your questions in the Calendars, please contact the Faculty of Health Sciences at the University of Lethbridge (tel. 403-329-2220) or the Centre for Health and Human Services at LC (tel. 403-320-3348). Advisors are available to talk to you about any academic or other concerns you may have.

**Program Worksheet**

Name: \_\_\_\_\_

ID Number: \_\_\_\_\_

**Nursing Courses**

		<b>UofL</b>	<b>LC</b>	
_____	Nursing	1020	150	Concepts of Health I
_____	Nursing	1120	155	Concepts of Health II
_____	Nursing	1220	163	Nursing Practice I
_____	Nursing	1320	173	Nursing Practice II
_____	Nursing	2020	250	Health, Illness and Healing I
_____	Nursing	2125	255	Health, Illness and Healing II
_____	Nursing	2135	279	Professional Seminar I
_____	Nursing	2150	263	Nursing Practice III
_____	Nursing	2255	293	Nursing Practice IV
_____	Nursing	2260	290	Applied Therapeutics
_____	Nursing	3020		Health, Illness and Healing III
_____	Nursing	3125		Health, Illness and Healing IV
_____	Nursing	3135		Professional Seminar II
_____	Nursing	3230		Health, Illness and Healing V
_____	Nursing	3360		Research Methodology
_____	Nursing	4135		Professional Seminar III
_____	Nursing	4510		Nursing Practice - Mental Health Nursing
_____	Nursing	4520		Nursing Practice - Community Health Nursing
_____	Nursing	4530		Nursing Practice - Medical Surgical Nursing
_____	Nursing	4750		Senior Clinical Consolidation

**Non-Nursing Courses**

		<b>UofL</b>	<b>LC</b>	
_____	Biology	1xxx	BIO 160	Anatomy and Physiology I
_____	Science	2xxx	BIO 161	Anatomy and Physiology II
_____	Biology	2xxx	BIO 162	Microbiology of Infectious Diseases
_____	Humanities	1xxx	ENG 150	Composition
_____	Philosophy	1xxx	HUM 155	Introductory Philosophy/Ethics
_____	Psychology	1000	PSY 160	Basic Concepts of Psychology
_____	Psychology	2xxx	PSY 170	Human Development
_____	Sociology	1000	SOC 160	Basic Concepts in Sociology
_____	Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice			
_____	Fine Arts and Humanities Elective			
_____	Fine Arts and Humanities Elective			
_____	Social Science Elective			
_____	Health Sciences/Public Health Elective			

## Sample Sequencing Plan

The first number reflects the Lethbridge College course numbering system while the second reflects the University of Lethbridge system.

### **Year 1, Fall (LC)**

NSG 150/NURS 1020 Concepts of Health I  
 NSG 163/NURS 1220 Nursing Practice I  
 BIO 160/BIOL 1xxx  
 ENG 150/Humanities 1xxx  
 PSY 160/PSYC 1000 Basic Concepts of Psychology

### **Year 2, Fall (LC)**

One of: NSG 250/NURS 2020 Health, Illness and Healing I or  
 NSG 255/NURS 2125 Health, Illness and Healing II  
 NSG 263/NURS 2150 Nursing Practice III  
 NSG 290/NURS 2260 Applied Therapeutics  
 PSY 170/PSYC 2xxx  
 HUM 155/PHIL 1xxx

### **Year 3, Fall (UofL)**

One of: NURS 3020 Health, Illness and Healing III  
 NURS 3125 Health, Illness and Healing IV  
 or NURS 3230 Health, Illness and Healing V  
 NURS 3360 Research Methodology  
 One of: NURS 4510 Nursing Practice - Mental Health Nursing  
 NURS 4520 Nursing Practice - Community Health Nursing  
 or NURS 4530 Nursing Practice - Medical Surgical Nursing  
 HLSC 3450/PSYC 3450 Applied Statistics for Clinical Practice

### **Year 4, Fall (UofL)**

One of: NURS 3020 Health, Illness and Healing III  
 NURS 3125 Health, Illness and Healing IV  
 or NURS 3230 Health, Illness and Healing V  
 NURS 4135 Professional Seminar III  
 One of: NURS 4510 Nursing Practice - Mental Health Nursing  
 NURS 4520 Nursing Practice - Community Health Nursing  
 or NURS 4530 Nursing Practice - Medical Surgical Nursing  
 Health Sciences/Public Health Elective

### **Year 1, Winter (LC)**

NSG 155/NURS 1120 Concepts of Health II  
 NSG 173/NURS 1320 Nursing Practice II  
 BIO 162/BIOL 2xxx  
 BIO 161/Science 2xxx  
 SOC 160/SOCI 1000 Introduction to Sociology

### **Year 2, Winter (LC)**

One of: NSG 255/NURS 2125 Health, Illness and Healing II or  
 NSG 250/NURS 2020 Health, Illness and Healing I  
 NSG 279/NURS 2135 Professional Seminar I  
 NSG 293/NURS 2255 Nursing Practice IV  
 Social Science Elective  
 Fine Arts and Humanities Elective

### **Year 3, Spring (UofL)**

One of: NURS 3020 Health, Illness and Healing III  
 NURS 3125 Health, Illness and Healing IV  
 or NURS 3230 Health, Illness and Healing V  
 NURS 3135 Professional Seminar II  
 One of: NURS 4510 Nursing Practice - Mental Health Nursing  
 NURS 4520 Nursing Practice - Community Health Nursing  
 or NURS 4530 Nursing Practice - Medical Surgical Nursing  
 Fine Arts and Humanities Elective

### **Year 4, Spring (UofL)**

NURS 4750 Senior Clinical Consolidation

## **Accelerated Course Sequencing for Years 3 & 4**

### **Year 3, Fall (UofL)**

One of: NURS 3020 Health, Illness and Healing III  
 NURS 3125 Health, Illness and Healing IV  
 or NURS 3230 Health, Illness and Healing V  
 NURS 3360 Research Methodology  
 One of: NURS 4510 Nursing Practice - Mental Health Nursing  
 NURS 4520 Nursing Practice - Community Health Nursing  
 or NURS 4530 Nursing Practice - Medical Surgical Nursing  
 HLSC 3450/PSYC 3450 Applied Statistics for Clinical Practice

### **Year 4, Summer (UofL)**

One of: NURS 3020 Health, Illness and Healing III  
 NURS 3125 Health, Illness and Healing IV  
 or NURS 3230 Health, Illness and Healing V  
 NURS 4135 Professional Seminar III  
 One of: NURS 4510 Nursing Practice - Mental Health Nursing  
 NURS 4520 Nursing Practice - Community Health Nursing  
 or NURS 4530 Nursing Practice - Medical Surgical Nursing

### **Year 4, Fall (UofL)**

NURS 4750 Senior Clinical Consolidation

### **Year 3, Spring (UofL)**

One of: NURS 3020 Health, Illness and Healing III  
 NURS 3125 Health, Illness and Healing IV  
 or NURS 3230 Health, Illness and Healing V  
 NURS 3135 Professional Seminar II  
 One of: NURS 4510 Nursing Practice - Mental Health Nursing  
 NURS 4510 Nursing Practice - Community Health Nursing  
 or NURS 4530 Nursing Practice - Medical Surgical Nursing  
 Fine Arts and Humanities Elective  
 Health Sciences/Public Health Elective

