

Calendar Year: 2004-2005
School: Health Sciences

The Post-Diploma Bachelor of Health Sciences program provides students with the practical skills and the theoretical knowledge needed for an effective and compassionate role in treatment, prevention and health promotion wherever addiction, or the potential for addiction, affects people's lives. The program considers a range of intervention strategies and addictive behaviours, including substance abuse, problem gambling, and sexual or eating disorders.

The program is built upon a sound liberal education foundation including courses from the areas of Fine Arts and Humanities, Social Science, and Science.

The General Liberal Education Requirement is a degree requirement of all University of Lethbridge undergraduate students. It is based on the liberal education philosophy of the University and is designed to ensure that students acquire breadth of knowledge encompassing a wide range of disciplines.

Program Planning Guide

University of
Lethbridge



This Program Planning Guide is designed to help you plan your Post-Diploma Bachelor of Health Sciences - Addictions Counselling program in the School of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Post-Diploma Bachelor of Health Sciences - Addictions Counselling program.

PROGRAM STRUCTURE

Questions?

If you have questions about this program, please contact the School of Health Sciences at the University of Lethbridge at tel. 403-329-2649. The Advisor is available to talk to you about any academic or other concerns you may have.

Admission Requirements

Admission to the Post-Diploma Bachelor of Health Sciences - Addictions Counselling requires:

- a. Completion of the Drug and Alcohol Counsellor Diploma program at Sir Sandford Fleming College with a minimum cumulative grade point average of 3.00 in the diploma program.

OR

- b. Subject to permission of the Dean of Health Sciences, completion of an approved college diploma in Addictions Counselling, with a cumulative grade point average of 3.00 (or equivalent).

OR

- c. Completion of the Native Addictions Worker Diploma at Keyano College with a cumulative grade point average of 3.00 (or equivalent) and completion of a five course Qualifying program with a GPA of at least 2.50.

OR

- d. Subject to permission of the Dean of Health Sciences, completion of an approved college diploma in Addictions Counselling, or a related discipline, with a cumulative grade point average of 3.00 (or equivalent) and completion of a five course Qualifying program with a GPA of at least 2.50.

Applicants with extensive practice experience in the field and a GPA of less than 3.00 will be given individual consideration for admission to the Post-Diploma program.

Academic Standards

Students must maintain a minimum cumulative grade point average of 2.00 for all courses and 2.50 for required Health Sciences and Nursing courses throughout the Post-Diploma Bachelor of Health Sciences - Addictions Counselling program.

Qualifying Program

Post-Diploma students who are not directly admissible to the program will complete a Qualifying program consisting of the following five courses:

- Health Sciences 2120 - Counselling II (Individuals and Groups)
- Health Sciences 2245 - Assessment of Addictions

Psychology 1000 - Basic Concepts of Psychology

Sociology 1000 - Basic Concepts in Sociology

One of:

Library Science 2000 - Library Research and Information Systems

Writing 1000 - Introduction to Academic Writing

A course approved by the Dean of Health Sciences

Students who are in the Post-Diploma Qualifying program must successfully complete the qualifying courses with a cumulative grade point average of at least 2.50 before proceeding into the Post-Diploma B.H.Sc. - Addictions Counselling program.

General Requirements

1. Successful completion of at least 20 course equivalents (60.0 credit hours) with a cumulative grade point average of at least 2.00 on courses taken for credit toward the degree.
2. Attain a minimum cumulative grade point average of 2.50 on all required Health Sciences and Nursing courses taken for credit toward the degree.
3. Completion of five courses from Lists I and III for the General Liberal Education Requirement (see pp. 78-80 of the 2004-2005 University of Lethbridge Calendar) as follows:
 - a. three courses from List I: Fine Arts and Humanities courses; and,
 - b. two courses from List III: Science courses.
4. Attain a passing grade on the required internship course (HLSC 4050).
5. Not more than three Independent Study courses may be taken for credit toward the degree.
6. At least eight courses that are not Health Sciences courses to be taken for credit toward the degree.
7. Residence requirement: 18 courses, including a minimum of 12 in Health Sciences and Nursing.
8. All degree requirements must be completed within seven years of the first Health Sciences course used for credit toward the degree.

STUDENT NOTES

PROGRAM PLANNING WORKSHEET

POST-DIPLOMA BACHELOR OF HEALTH SCIENCES - ADDICTIONS COUNSELLING

Name: _____

ID Number: _____

Year Admitted: _____

Participation: _____

Qualifying Courses Completed

HLSC 2120 - Counselling II (Individuals and Groups) _____

HLSC 2245 - Assessment of Addictions _____

PSYC 1000 - Basic Concepts of Psychology _____

SOCI 1000 - Basic Concepts in Sociology _____

Qualifying Courses (cont.) Completed

ONE of:

Library Science 2000 - Library Research and Information Systems

Writing 1000 - Introduction to Academic Writing

A course approved by the Dean of Health Sciences..... _____

Health Sciences Courses Completed

HLSC 3000 - Ecology of Addictions _____

HLSC 3002 (NURS 3002) - Health Education and Promotion _____

HLSC 3120 - Counselling III (Family Counselling) _____

HLSC 3130 - Cultural Context of Addictions _____

HLSC 3240 - Issues in Addiction and Mental Health _____

HLSC 3260 - Research in Addictions _____

HLSC 3729 - Studies in Specific Addictive Disorders (Series) _____

HLSC 3739 - Studies in Particular Populations (Series) _____

HLSC 4050 - Internship in Addictions Counselling II _____

Statistical Course Requirement Completed

* ONE of: HLSC 3259 - Quantitative Aspects of Evidence for Practice

PSYC 2030 - Methods and Statistics

SOCI 2130 - Social Statistics _____

Other Course Requirements Completed

ONE of: PHIL 3402 - Biomedical Ethics

PHIL 3404 - Philosophy of Law

PHIL 3406 - Business Ethics _____

Liberal Education course - Fine Arts and Humanities _____

Liberal Education course - Fine Arts and Humanities _____

Liberal Education course - Science _____

** Liberal Education course - Science or Elective _____

*** Elective _____

* Students with an appropriate statistics credit in their diploma will replace this requirement with an Elective that is not a Health Science course.

** Students who complete Health Science 3259 or Sociology 2130 to meet the Statistics requirement must complete a Liberal Education course from List III: Science courses to fulfill the General Liberal Education Requirement. Students who elect Psychology 2030 to meet the Statistics requirement must complete an Elective.

*** Students who are admitted to the Post-Diploma B.H.Sc. - Addictions Counselling program after completing the Qualifying program must replace an Elective with one of Sociology 2020 - Social Problems or Sociology 2500 - Deviance, Conformity and Social Control.

STUDENT NOTES

SAMPLE COURSE SEQUENCING PLAN

POST-DIPLOMA BACHELOR OF HEALTH SCIENCES - ADDICTIONS COUNSELLING

Shown below is a sample program plan and suggested sequencing for students pursuing full-time studies. Students may find a different sequence that works just as well as this one.

TERMS USED

GLER course: A course that could count toward the General Liberal Education Requirement. See the 2004-2005 University of Lethbridge Calendar, Part 4 - Academic Regulations (pp.77-80) for complete information.

Elective: A course that you may choose freely from all those available to you. You may choose courses inside or outside of your major.

Post-Diploma B.H.Sc. (Qualifying Program)

	FALL	SPRING (Admission to Post-Dip. B.H.Sc.)
YEAR ONE	Health Sciences 2120 Health Sciences 2245 Psychology 1000 Sociology 1000 One of: Library Science 2000 Writing 1000 An approved course	Sociology 2020 or 2500 GLER course GLER course GLER course GLER course or Elective**
	FALL	SPRING
YEAR TWO	Health Sciences 3000 Health Sciences 3002 (Nursing 3002) Health Sciences 3120 Health Sciences 3130 One of: Health Sciences 3259*** Psychology 2030 Sociology 2130	Health Sciences 3240 Health Sciences 3260 Health Sciences 3729* Health Sciences 3739* Philosophy 3402, 3404 or 3406
	FALL	
YEAR THREE	Health Sciences 4050	

Post-Diploma B.H.Sc. (Direct Entry)

	FALL	SPRING
YEAR ONE	Health Sciences 3000 Health Sciences 3002 (Nursing 3002) Health Sciences 3120 Health Sciences 3130 One of: Health Sciences 3259*** Psychology 2030 Sociology 2130	Health Sciences 3240 Health Sciences 3260 Health Sciences 3729* Health Sciences 3739* Elective
	FALL	SPRING
YEAR TWO	Health Sciences 4050	Philosophy 3402, 3404 or 3406 GLER course GLER course GLER course GLER course or Elective**

*These courses may require laboratories, tutorials or both.

** Students who complete Health Science 3259 or Sociology 2130 to meet the Statistics requirement must complete a Liberal Education course from List III: Science courses to fulfill the General Liberal Education Requirement. Students who elect Psychology 2030 to meet the Statistics requirement must complete an Elective.

***Students with an approved statistics credit in their diploma will replace this requirement with an Elective that is not a Health Sciences course.

