

| MONDAY | Time | Activity |
|--------|---|--|
| | 8 – 8:30 a.m. | Check In and Registration Planning your day |
| | 8:30 – 9:00 a.m. | Commencement |
| | 9:00 – 9:05 a.m. | BREAK |
| | 9:05 – 9:45 a.m. | Welcome and Overview of the day |
| | 9:50 – 11:00 a.m. | Feature Student Session: Mentor Meet and Greet |
| | 9:50 – 11:00 a.m. | Feature Family Session: Family Lounge |
| | 9:50 – 10:20 a.m. International students only | Understanding Your Permit – Studying and Working in Canada |
| | 10:30 – 11:00 a.m. | Canadian Cultural Transition – What to Expect Inside and Outside the Classroom |
| | 9:45 a.m. – 2:30 p.m. | Campus Tours |
| | 10 a.m. – 4 p.m. | Calm Café |
| | 11:00 a.m. – 12:30 p.m. | LUNCH |
| | 12:40 – 1:10 p.m. & 1:20 – 1:50 p.m. Choose one of the following for each time | Wrap Your Noodle Around Moodle |
| | | Course Materials Made Easy at the Bookstore |
| | | Get Involved on Campus |
| | 2:00 – 2:30 p.m. & 2:40 – 3:10 p.m. Choose one of the following for each time | Learning in University – What to Expect in and Out of the Classroom |
| | | Career Planning – Tips for Success from Counselling and Career Services |
| | | Welcome to YQL |

| TUESDAY | Time | Activity |
|---------|---|--|
| | 9:00 – 9:30 a.m. | Check In |
| | 9:30 – 10 a.m. | Goose Chase prizes Planning your day |
| | 10 – 11 a.m. | Feature Session: How to get the most from your liberal education |
| | 11 a.m. – 11:30 p.m. | Indigenous Meet and Greet |
| | 11 – 11:30 a.m. & 11:40 a.m. – 12:10 p.m. Choose one of the following for each time | Everything You Need to Know about the University Library |
| | | Being Thrifty is Nifty – How to Budget and Survive Financially in University |
| | | From Basketball to Barre, Climbing to Certified Training, and making money to making friends, Horns Recreation has all the trends! |
| | 11:40 a.m. – 1 p.m. Pre-Education students only | Pre-Education Faculty Meet and Greet |
| | 11:40 a.m. – 1 p.m. International students only | International Student session and lunch |
| | 12:20 – 1 p.m. | LUNCH ON YOUR OWN |
| | 1 – 2:30 p.m. Choose your faculty | Faculty Meet and Greet |
| | | Faculty of Arts and Science |
| | | Faculty of Fine Arts |
| | | Faculty of Health Sciences |
| | | Dhillon School of Business |