



SUMMER ADVENTURE CAMPS 2012

Summer Adventure Camp Equipment Checklist

This is the base list for your trip, if you choose to bring other items please be sure to keep it to a minimum, there is limited space when transporting.

- Backpack (supplied)
- Tent (2 person tents supplied)
- Sleeping bag (supplied if needed)
- Thermarest or foam insulating ground pad. DON'T FORGET THIS!(supplied if needed)
- Harnesses & helmets (supplied)
- Mountain bike (bike in good condition for trail riding)
- Must have bike helmet
- Warm Clothing, extra if we get wet
- Raingear
- Hiking boots (no hiking in sandals or 'skater' type shoes, must have good soles & support)
- Long underwear (1 pair for daytime, one pair for sleeping or PJ's)
- Extra socks and gloves
- Toque or balaclava for sleeping in case it's cold
- Swim suit & towel for pool
- Stove (one per group, supplied)
- Dishes
- FOOD – lunches, snacks, dinner, breakfast (option to organize between your group members to share dinners or send money and a trip to grocery store when we are there)
- WATER BOTTLE for use during all activities
- Toilet paper for overnight trip
- Toothbrush, etc.
- Headlamp & or flashlight
- Personal First Aid Kit (small, basics)
- Hat
- Sunscreen & bugspray