

PHYSICAL EDUCATION

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1. PROGRAMS OF STUDY

P.E. Program of Studies Online -- Available through Alberta Education's Teachers tab.

In Print: **375 PRO PhysEd**

Daily Physical Activity (DPA) Initiative: Mandatory program introduced in 2005. Schools are required to create opportunities for students to engage in Physical activity. Administrators and all teachers are responsible for implementing the program.

2. LEARNING & TEACHING RESOURCES

Online Under Program of Study Tabs

Physical Education Guide to Implementation, K-12 375 Phys.Ed. Alta: specific examples to help teachers interpret the P.E. program of study.

Physical Education Studio Online Provides teacher-contributed lessons to support implementation. In partnership with Alberta Education.

Daily Physical Activity Handbook- Activities to support the school-wide implementation of the Daily Physical Activity (DPA) initiative (Also in print: **375 Phys. Ed Gr. 1-9**).

Safety guidelines for physical activity in Alberta schools (Also in print: **796.028 Saf**)

3. AUTHORIZED TEXTS

Authorized Support and Teaching Texts for Physical Education K-12

(no texts are authorized as basic; this list includes some of the support resources)

Recipe Card Lesson Plans, K-2 & 3-6: 372.86 Rec

Spark: Physical Education Gr. K-2 613.7 Spa Gr. EC-3

Spark: Physical Education Gr. 3-5 613.7 Spa GrGr. 4-6

ABCDs of Movement (Edmonton Public Schools) 796.07 Abc Gr. 1-6

Ready-to-use p.e. activities for grades K-2; 3-4; 5-6; 7-9: 796 Lan

Physical Education unit plans for EC-K; 1-2, 3-4, 5-6 796 Phy

Physical Education for Children: Daily Lesson Plans for Elementary School 796 Tho Gr EC-5

Physical Education for Children: Daily Lesson Plans for Middle School 796 Lee Gr 6-8

Ready-to-use secondary P.E. activities program: lessons, tournaments & assessments for gr. 6-12 796.07 Lum

Physical Education: Ideas for Action Elementary Level **796.07 Phy Gr. EC-6**

Physical Education: Ideas for Action Secondary Level **796.07 Phy Gr. 7-12**

Student Centered Physical Education: Strategies for Developing Middle School Fitness and Skills. **796.07 Smi Gr. 7-9**

Quality Lesson Plans for Secondary Physical Education **796.07 Lod Gr. EC-12**

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More Innovative Games: Movement for Everyone Strategies for Inclusion **796.1 Kas Gr. EC-7**

A bucketful of ball games **796.3 Bre**

Human Kinetics is a major publisher of quality P.E. teaching resources.

Authorized Resources Database, Alberta Education: To view all authorized texts for a course, use the Alberta Education Database. Sort by *Basic, Teaching or Support*.

4. www.LearnAlberta.ca

Little PE content so far, but the LearnAlberta site continues to expand.

Currently, you will just find a link to the **Physical Education Studio Online** (referenced in Step 2 of this handout).

5. ASSESSMENT MATERIAL

Books on Assessment: Search the Library Catalogue at www.uleth.ca/lib (Search terms: *Evaluation and Physical Education*)

PE for You: Teacher Resource Pack (Sample tests) **796.07 Hon Gr. 7-12**

Creating Rubrics for Physical Education (2000). Lund, Jacalyn Lea. **796.077 Lun and GV L86 2000**

Portfolio Assessment for K-12 Physical Education (2000) . Melograno, Vincent. **796.07 Mel Gr. EC-12**

Teaching for Outcomes in Elementary Physical Education: A Guide for Curriculum and Assessment (1995). Hopple, Christine. **796.07 Hop Gr. EC-6**.

Authorized Texts: Many comprehensive titles listed above have sections on Assessment.

6. CURRICULUM LAB COLLECTION

Call #'s for main P.E. topics (will be the same in a school or public library):

613.7--- Physical fitness & movement education

793 -- Indoor games

793.3-- Dance and Creative Movement

794 -- Indoor games of skill

796 --- General Instruction and Unit Plans

796.07- Programs and Curriculum

796.3 -- Ball games

796.6 -- Cycling
796.7 -- Driving sports
796.8 --Combat sports

796.9 -- Ice and snow sports
797 -- Aquatic and air sports
798 -- Animal sports

Suggested Searches at www.uleth.ca/lib (limit search to Curriculum Lab)

Physical education and training --Gives you materials on physical fitness at all levels.

Physical education for children—teaching fitness programs for school-aged children.

Physical education and teach* -the asterisk allows a search for “teachers” or “teaching”.

Physical education and Curriculum -narrow by adding *and elementary* or *and secondary* to this search. e.g. *physical education and curriculum and elementary*)

Use Specific Terms when Possible:

- Add "coaching" or "study and teaching" to a specific sport or topic.
- e.g. "soccer coaching" or "hockey study and teaching" or "wrestling"

7. DIGITAL SUBSCRIPTIONS

Curriculum Lab [Digital Resources Page](http://www.uleth.ca/education/currlab) at www.uleth.ca/education/currlab. **Logins Required.**
(Refer to your Curriculum Lab Digital Password List)

Access Learning contains hundreds physical education related digital media clips that you can download. Browse under the *Health* category for physical education videos.

Discovery Education: Many schools subscribe. Browse under *Health* Category or search for specific skills.

Faculty of Education Lesson Plan Database: Students have submitted sample P.E. Lessons. Submit your own!

8. WEBSITES

[Ever Active Schools](#): Alberta organization creating programs and resources to encourage activity and physical literacy.

[The Physical Educator's Resource](#) -- Based on a site created by David Chourney from the University of Alberta Faculty of Education, this site offers many links to Physical Education ideas/activities.

[2Learn.ca](#) : Alberta-based Ed. Tech site. Click on a grade range to browse by Subject.

HPEC (ATA Health and Physical Education Council: <http://www.hpec.ab.ca>) Free to join with EUS membership.