

What can I do with a Major in **Psychology**?



For more information on the Psychology Major at the U of L:

<http://www.uleth.ca/artsci/psychology>

Faculty of Arts & Science

C866 University Hall

Phone: 403-329-2235

Email: See [Contact Website](#)

Academic Advising:

<http://www.uleth.ca/ross/academic-advising>

The Psychology Program at the University of Lethbridge

Psychology delves into what makes people tick. Psychologists study the relationship between mind and behaviour by investigating the nature of thought processes and behaviours in humans and other animals. Psychologists also study the evolutionary, social and cultural factors affecting the development of our thoughts and behaviours, focusing on topics that have a direct bearing on our day-to-day experience. Unlike many academic disciplines, the subject matter dealt with in Psychology usually has a direct bearing on the day-to-day experiences of people.

Students can work toward one of three degrees: a Bachelor of Arts in Psychology, a Bachelor of Science in Psychology, or a Bachelor of Arts & Science in Psychology. The curriculum in any of these degrees is designed to provide students with a solid background in research.

Skills Developed

- Attention to Detail
- Carry Out Tasks With Thoroughness & Precision
- Communicate ideas Clearly & Efficiently
- Communication
- Conceptualize & Interpret
- Creativity & Flexibility in Thinking
- Critical & Analytical Problem Solving
- Critically Analyze Evidence-Based Claims
- Formulate & Defend Positions
- Formulate Criteria, Evaluate & Make Decisions
- Locate, Gather & Organize Information
- Mathematical & Logical Reasoning
- Negotiate & Mediate Conflict
- Read Critically & Write Persuasively
- Research & Information Management
- Set Priorities & Handle Multiple Assignments and Tasks
- Summarize Research Findings
- Understand the Physiological, Emotional, Cognitive & Social Determinants of Human Behaviour

Work Environments

Psychology provides an excellent background for further professional training in a variety of disciplines including education, law, counselling and social services. Students graduating with a Bachelor of Science degree in Psychology are also well trained for careers in medicine and biotechnology. Psychology graduates may find employment in community organizations, educational and research institutes, governmental organizations, human resources companies, law enforcement agencies, consulting and

marketing firms, media companies, non-governmental or non-profit organizations, public relations offices, recreation facilities or social service organizations.

Key Areas of Specialization:

Abnormal Psychology, Biopsychology, Clinical, Cognitive, Comparative, Counselling Psychology, Developmental, Education, Experimental, Forensic, Health, Human Factors, Industrial-Organizational, Personality, School, Social, Sports

Entry Level Job Titles

These jobs are normally intended for new graduates and require 0 to 2 years of experience. It is important to note that many entry level positions require *some* related experience or demonstrated ability to perform job-related tasks. Even those positions that do not *require* experience will still prefer an experienced candidate, if one is available.

- Admission Counsellor
- Assistant Clinical Research Coordinator
- Case Specialist
- Clinical Research Associate
- Clinical Services Assistant
- Clinical Subjects Associate
- Clinical Trials Lab Assistant
- Community Based Research Specialist
- Consumer Product Testing Analyst
- Contract Instructor Therapist
- Employee Survey Analyst
- Entry Level Behaviour Interventionist
- Health Counsellor
- Human Resource Officer – Developmental
- Human Resources Coordinator
- Instructional Assistant – Psychology
- Intake Coordinator
- Mental Health Therapy Assistant
- Probation Officer
- Program Assistant (Organizational Behaviour)
- Program Services Coordinator
- Psychology Technician
- Research Assistant – Psychometrist
- Research Assistant (Youth Bipolar Disorder)
- Research Study Assistant
- Resource Coordinator
- Volunteer Coordinator

Note: The U of L offers various resources and programs to facilitate students in gaining work and volunteer experience. Find an entry level position on the [CES job board](#) or join the [Management](#) or [Arts & Science](#) Cooperative Education Programs. Summer jobs, part-time work, internship positions and volunteer experience help students to enhance their skillset, and accumulate work experience for their future career.

Related Job Titles

These jobs generally require extensive, relevant work experience and/or further education.

- Aboriginal Liaison Officer
- Academic Advisor
- Academic Counsellor
- Activities Coordinator
- Addictions Counsellor
- Admissions Evaluator
- Advertising Agent
- Athletic Therapist
- Behaviour Therapist
- Benefits Manager
- Career Counsellor
- Career Development Professional
- Case Worker
- Child And Youth Worker
- Child Life Specialist
- Clinical Coordinator
- Clinical Manager
- Communications Specialist
- Community Worker
- Creative Art Therapist
- Criminologist
- Crisis Intervention Worker
- Crisis Worker
- Cultural Diversity Consultant
- Customs/Immigration Agent
- Education Specialist
- Educational Administrator
- Educational Counsellor
- Employment Interviewer
- ESL Teacher
- Exercise Therapist

- Family Therapist
- Fundraising Specialist
- Gerontologist
- Grievance Officer
- Health Care Administrator
- High School Teacher
- Home Care Worker
- Hospital Service Worker
- Human Resources Officer
- Human Resources Worker/Specialist
- Immigration Officer
- Industrial Psychologist
- Job Analyst
- Labour Relations Specialist
- Librarian
- Life Skills Coach
- Light Therapist
- Market Research Analyst
- Marriage & Family Counsellor
- Marriage Therapist
- Media Psychologist
- Mediator
- Mental Health Counsellor
- Mental Health Nurse
- Mental Health Worker
- Military Psychologist
- Movement Therapist
- Occupational Health & Safety Officer
- Occupational Therapist
- Organizational Psychologist
- Professional Consultant
- Program Coordinator
- Psychiatric Assistant
- Psychologist
- Public Opinion Interviewer
- Public Relations Specialist
- Recreation Specialist
- Recreation Therapist
- Recruiter
- Rehabilitation Counsellor
- Relief Worker
- Religious Worker
- Research Scientist
- Researcher
- Resident Services Provider
- Residential Counsellor
- School Counsellor
- Social or Health Policy Researcher
- Social Service Worker
- Social Worker
- Sociologist
- Special Education Teacher
- Special Events Coordinator
- Special Services Supervisor
- Speech-Language Pathologist
- Support Worker
- Teacher
- Training Specialist
- University Professor
- Vocational Rehabilitation Worker
- Voice Therapist
- Volunteer Coordinator
- Volunteer Resources Manager
- Women's Counsellor
- Youth Counsellor

Thinking Outside the Box: Other Possible Job Title

On average, people change their careers three to five times in their lifetime. So, no matter what major you choose, you may still be interested in opportunities totally unrelated to your program of study. We encourage you to be open to all possibilities! Your undergraduate degree can be a springboard for other educational pursuits, and your transferable skills and experience can prepare you to work in a multitude of settings.

- Account Manager (Banking)
- Advertising Account Executive
- Advertising Copywriter
- Bank/Loan Officer
- Citizen & Immigration Officer
- Compensation Manager
- Corporate Trainer
- Correctional Peace Officer
- Correctional Services Worker
- Credit Counsellor
- Entrepreneur
- Ergonomist
- Event Planner
- Foreign Service Officer
- Fundraiser
- Gerontological Specialist
- Kinesiologist
- Lawyer
- Management Trainee
- Massage Therapist
- Media Buyer
- Planner
- Public Policy Analyst
- Sales Representative
- Statistical Consultant
- Writer

Useful Resources

Recommended websites to assist in exploring the field of Psychology and its career opportunities.

Psychologists Association of Alberta
<http://www.psychologistsassociation.ab.ca>

Alberta Learning Information Service
 Occupational Profile [Psychologist](#)

The College of Alberta Psychologists
<http://www.cap.ab.ca/>

Canadian Society for Brain, Behaviour &
Cognitive Science
<https://www.csbbcs.org>

Canadian Psychological Association
<http://www.cpa.ca>

The Psychonomic Society
<http://www.psychonomic.org/>

Canadian Professional Counsellors Association
<http://www.cpa-rpc.ca>

Association for Psychological Science
<http://www.psychologicalscience.org>

Canadian Council of Professional Psychology
Programs
<http://www.ccppp.ca/>

Canadian Counselling & Psychotherapy
Association
<http://www.ccpa-accp.ca>

Canadian Association for Neuroscience
<http://can-acn.org>

American Psychological Association
<http://www.apa.org>

The British Psychological Society
<http://www.bps.org.uk>

Campus Resources

Career & Employment Services (CES)
<http://www.uleth.ca/ross/ces/>

Career Counselling (Counselling Services)
<http://www.uleth.ca/counselling/>

Academic Advising
<http://www.uleth.ca/ross/academic-advising>

Native Student Advising
<http://www.uleth.ca/ross/native-student-advising>

Student Success Centre – Study Skills, Learning
Strategies & Tutoring
<http://www.uleth.ca/student-success-centre/>

Accommodated Learning Centre
<http://www.uleth.ca/ross/accommodated-learning-centre/>

International Centre for Students
<http://www.uleth.ca/international/>

Registrar Office & Student Services
<http://www.uleth.ca/ross/>

Scholarship & Students Finance
<http://www.uleth.ca/ross/student-finance/>

U of L Students' Union & Student Clubs
<http://www.ulsu.ca/>

Campus Job Resources

Career & Employment Services Job Board
[CES Job board](#)

Arts & Science Applied Studies
<http://www.uleth.ca/artsci/applied-studies/students>

Arts & Science Co-op Education & Internship
<http://www.uleth.ca/artsci/coop>

Management Co-op Education
<http://www.uleth.ca/management/co-op>

Study Abroad & Exchanges
<http://www.uleth.ca/international/content/study-abroad-exchanges>

Management Study Abroad & Exchanges
<http://www.uleth.ca/management/study-abroad>

Career & Employment Services (CES)

CES assists U of L students and graduates with their career exploration and work search needs.

AH154 Anderson Hall, Phone: 403-329-2000

Mon- Fri: 9:00 a.m. to 12:00 p.m.; 1:00 p.m. to 4:00 p.m.