



7<sup>th</sup> Annual Life Balance Fair - Workplace Wellness Fosters Healthy Minds – Oct 30, 2013

### List of Prize Winners –

- Bouquet of flowers - donated by Save-On Foods and More (west) – Darcy Novakowski
- Safeway Gift Card - donated by Safeway - Samara McIntosh
- Wine basket – donated by Everything Wine and More – Jim Vanderzee
- Sonic Care Toothbrush Kit – donated by Alberta Health Services - Shelley Mulcahy
- T-shirt - donated by the Wellness Committee – Trevor Sandum
- Campus Roots Seeds and Isagenix gift package - donated by Campus Roots Garden and Barb Doan, Isagenix – Marissa Jones
- Swim cap and campus roots seeds – donated by Masters Swim Club and Campus Roots Garden – Jaime Bromley
- Robert’s Rules book and 3 free Toastmasters visits – donated by Toastmasters - Jeremy
- Yoga membership – donated by the Yoga Institute – Serena Visser
- Pear minciment and Mercer Frisbee – minciment donated by Jennifer Mather - Deb Tarnava
- First aid kits – St John Ambulance – Angela Fu,
- Collapsible water bottles – donated by Holmes Eco Water – Gillian Ayers
- Collapsible water bottle – donated by Holmes Eco Water – Becky Lore
- Southern Alberta Art Gallery gift basket – donated by SAAG – Angela Mlynarski
- Filtered water bottle - donated by WCB – Ken Heidebrecht, Marilyn Lamb, Joanne DesRoche, Katharine Winter, Linda Sebastian
- Backpack and water bottle - donated by Blue Cross – Terri Saunders
- Binoculars – donated by Mercer – Ryan Harper-Brown, Virginia Trotter, Marg Joblonkay
- 10 punch fitness pass – donated by SRS – Mary Nugent
- Massage and photo – donated by Nirvana Massage – Terry Tollefsrud
- Smoke detector – donated by St John Ambulance – Sharon French, Rob Kern
- Vest – donated by the Wellness Committee – Sean Gray
- Mocha Cabana Gift Certificate – donated by Visit Lethbridge – Trish Jackson
- Spa gift certificate – donated by SunLife – Jackie Geneau
- \$50.00 gift certificate – donated by the Running Room – Linda Robison
- Book – Last Child in the Woods – donated by Helen Schuler Nature Centre – Gerry Ste. Marie
- Teddy Bear and Mug – donated by the Alzheimer’s Society – Anne Baxter
- Bag – donated by the Wellness Committee – Sandy Williston
- Young Living Essential Oils basket – donated by Young Living Essential Oils – Sheri Quinton
- Epicure gift basket – donated by Sharon French – Lynette Harty
- Yoga bag – donated by Wellness Committee – Betsy Greenlees
- Pillow – donated by Dr. Gerard Dower – Juliet Graham
- Stone ware coffee mugs – donated by the Wellness Committee – Kyla McFadden
- TLC/Ladybug Reflexology gift basket – donated by TLC and Ladybug Reflexology – Jennifer Mather
- 2 boxes of cracker chips – donated by Aramark – Emily Kenney
- Health Connection gift basket – donated by Health Connections - Tricia Loredana- Sorina
- Supplement gift basket – donated by Health Connections – Connie Chaplin
- Swedgie – donated by Stamina Clinic – Gloria HeavyHead
- Christmas deer ornaments – donated by the Wellness Committee – Anamaria Turuk
- Magic Bullet – donated by Homewood Human Solutions – Carrie Takeyasu
- Fall Wreath – donated by the Lethbridge Sleep Clinic – Tyler Fallwell

