NESA NURSING EDUCATION IN SOUTHWESTERN ALBERTA BN PROGRAMS

UNIVERSITY OF LETHBRIDGE
FACULTY OF HEALTH SCIENCES
NURS 4530 –Nursing Practice – Medical Surgical Nursing
Course Outline – Spring 2016

PRACTICE COURSE FACULTY

Tracy Oosterbroek Practic Course Coordinator	Office: Telephone: E-mail:	M3061 403.317.5067 tracy.oosterbroek@uleth.ca
Heidi Veldman Course Lead	Office: Telephone: Email:	M3060 403.715.3610 heidi.veldman@uleth.ca

PRACTICE INSTRUCTORS

Karen Rowles Section XC	Office: Telephone: Cell: E-mail:	M 3062 403.332.4061 403.315.2089 k.rowles@uleth.ca
Ryan Waldorf Sections XA and XF	Office: Telephone: Cell: E-mail:	M3068 403.332.4066 403.795.1825 ryan.waldorf@uleth.ca
Claudia Steinke Section XC	Office: Telephone: Cell: E-mail:	M3121 403.394.3945 Upon Request claudia.steinke@uleth.ca
Kim Derksen Section XB and XH	Office: Telephone: Cell: E-mail:	M3022 403.394.3919 403.393.3117 derkks@uleth.ca
Maralon Bevans Section XD	Office: Telephone: Cell: E-mail:	M3063 403.332.5256 403.330.8513 bevamj@uleth.ca
Sarah Krogman Section XE	Office: Telephone: Cell: E-mail:	 403.360.4321 sarah.krogman@uleth.ca * Subject to confirmation
Marci Neher-Schwengler Section XG	Office: Telephone: Cell: E-mail:	M3058 403.332.4098 403.634.6168 marci.neherschwengle@uleth.ca
Heidi Veldman Section XI	Office: Telephone: Cell: E-mail:	M3060 403.332.4576 403.715.3610 heidi.veldman@uleth.ca

Dawn Peta — Cell: 403.330.4090
Section X — E-mail: dawn.peta@uleth.ca

SIMULATION HEALTH CENTRE INSTRUCTORS

Sharon Dersch — Office: M3112; Telephone: 403.332.4092; E-mail: sharon.dersch@uleth.ca

Cathy Brooks — Office: M4136; Telephone: 403.332.4025; E-mail: cathy.brooks@uleth.ca

Danielle Ducharme — Office: M3015; Telephone: 403.329.2278; E-mail: danielle.ducharme@uleth.ca

Joanne Williams (Skills Lab Technician) — Office: M2005; Telephone: 403.332.4622; E-mail: health.simulation@uleth.ca

COURSE DESCRIPTION

This practice course offers students more independent and advanced nursing experience in increasingly complex clinical learning situations. Students work collaboratively with individuals, families, and populations who have acute and chronic health challenges in community and institutional settings.

Contact hours per week: 0-0-18

Pre-requisite: Completion of all Year Two requirements in the NESA BN Program OR completion of the first three semesters in the BN After Degree program

Co-requisites: NURS 3230 (Health Illness and Healing V)

Grading: Pass/Fail

COURSE OBJECTIVES

Upon successful completion of the course, the student will be able to:

1. Describe the organizational structure, health care services and roles and functions for the multidisciplinary team in the acute setting
2. Describe health promotion, illness prevention, maintenance, and restoration and palliation strategies in the acute setting
3. Plan and prioritize care based on initial and ongoing assessments of clients with health disruptions
4. Implement and evaluate client focused interventions and outcomes which reflect appropriate nursing process and approaches to health disruptions while considering cultural diversity, lifespan and family
5. Communicate and collaborate effectively with clients, families and the multidisciplinary team in the acute setting to achieve client centered goals
6. Make evidence based clinical decisions that promote client and family health and well being and take an active role in the teaching/learning process by facilitating the scholarly exchange of ideas with other health care professionals
7. Practice according to the CARNA Practice Standards, CNA Code of Ethics and BN Programs NESA Student Handbook

PRACTICE DAYS

Monday – Friday (as per the practice course rotation)

REQUIRED PRACTICE ORIENTATION

Students will be expected to attend two mandatory orientations:

1) Skills Lab Orientation - held at the University of Lethbridge Simulation Health Centre
   LOCATION: M2020 Markin Hall, Universtiy of Lethbridge

2) Practice Site Orientation - held at the assigned practice site
   LOCATION: As designated by your section instructor

Dates and times for both the Skills Lab Orientation and Practice Site Orientation will be communicated to you by your practice instructor. A schedule for Skills Lab Orientation, as well as other needed materials for those days, will be posted on the course Moodle site. You are expected to adhere to the NESA Uniform/Dress Policy while engaged in all orientation sessions. You will need to bring your stethoscope and any other resources necessary for clinical practice.

REQUIRED RESOURCES

Texts/Journals:

- Medical /Surgical text from 2nd year:
  Day, R. A., Paul, P., Williams, B., Smeltzer, S. C., & Bare, B. (2010). *Brunner & Suddarth's: Textbook of Canadian medical-surgical nursing* (2nd ed.). Philadelphia, PA: Lippincott, William and Wilkins.
- Nursing Fundamentals text from 2nd year: Potter, P. A., & Perry, A. G. (2009). *Canadian fundamentals of nursing* (4th ed.). (J. C. Ross-Kerr & M. J. Wood, Canadian Eds.). Toronto, ON: Elsevier Canada.
- Nursing Clinical Skills and Techniques from 2nd year: Perry, A. G., Potter, P. A., and Ostendorf, A. (2014). *Clinical Nursing Skills and Techniques (8th ed.).* Toronoto, ON: Elsevier Canada.
- Pharmacology reference of your choice

Online:

- Online Learning Modules. https://moodle.uleth.ca/

RECOMMENDED RESOURCES

Texts/Journals:

- Drug Calculation texts:
  Predham, B. (2009). *Henke's Med-Math* (1st ed.). Wolters Kluwer Health: Lippincott Willians & Wilkins.

  Craig, G. P. (2012*). Clinical calculations made easy: Solving problems using dimensional analysis*.(5th ed.). Philadelphia, PA: Lippincott, William and Wilkins
- Laboratory Values text of your choice
- Practice Lecture DVD's by Barb Bancroft- available through the UofL Library

Online:

- Online Learning resources available on Moodle. https://moodle.uleth.ca/

PRACTICE COURSES REQUIREMENTS (for all practice courses)

ITEM	DUE	HOW	TRACKED BY
AHS Confidentiality Module	Annual	Completed copy to M3083 or emailed	Wendy Herbers
AHS General Student Orientation	Annual	Completed copy to M3083 or emailed	Wendy Herbers
Anaphylaxis Module	Annual	Moodle 90% to pass	Wendy Herbers
Blood Administration Module	Annual	Moodle 90% to pass	Wendy Herbers
CPR-HCP	Annual	Photocopy to M3083 or e-mailed	Wendy Herbers
EMR	Annual	Self	Wendy Herbers
Influenza/H1N1 Vaccinations	Annual	Photocopy to M3083 or e-mailed	Wendy Herbers
It's Your Move	Annual	Moodle/Self	Wendy Herbers/SHC
IV Management Exam	Annual	Moodle 90% to pass	Wendy Herbers
IV Medication by Direct IV Administration	Annual	Moodle	Wendy Herbers
IV Pump	Annual	Moodle/Self	Wendy Herbers/SHC
Medication Calculation	Every semester	Moodle	Moodle/Practice Instructor
N-95 Mask Fitting	Bi-Annual	Self	Wendy Herbers
WHMIS	Annual	Moodle	Wendy Herbers

NURS 4530 PRACTICE COURSES REQUIREMENTS (course Specific)

ITEM	DUE	HOW	TRACKED BY
National Institutes of Health Stroke Scale (NIHSS)	Prior to course start date	Internet (link provided on NURS 4530 Moodle specific course)	Clinical Instructors, provide instructor with certificate upon completion

PRACTICE ASSIGNMENTS AND EVALUATION

The practice experience, as well as all assignments and evaluations related to this practice course will be graded as either pass or fail. All course assignments are compulsory and will be considered in the NESA BN Program's practice evaluation tool under Standard I: "Preparation and Assignments"; thus, completion and quality of assignments will be taken into account when assigning a grade for the course.

1) Orientation (Skills Lab AND Practice Site)

Students are expected to participate in two mandatory orientations, as outlined under the heading "REQUIRED PRACTICE ORIENTATION" above.

Preparation for the Skills Lab Orientation requires a review and familiarization with two skills lab ortientation case studies prior to the scheduled date. Individual students are responsible for their own preparation. Both of these case studies - a Medical Stroke Case and MVA Surgical Case – are posted on the Moodle website, along with other relevant study resources.

2) Simulation Lab Experience

Each practice group will have the opportunity to engage in two days of simulation lab, utilizing and interacting with high-fidelity mannequins to work through case studies.

You will be expected to come prepared for the simulation lab experiences by reviewing the appropriate case scenarios and completing all assigned case study questions (available on Moodle). ***Please note that the case studies for the Simulation Lab Experience are different than the cases used for the Skills Lab Orientation so be sure that you have reviewed the correct cases for this experience.**

NESA's Uniform/Dress Code Policy applies to this learning experience. You will need to bring your completed case study preparation as this will be reviewed prior to enagement in the simulation.

Date: As per practice rotation schedule

Location: Simulation Health Centre - M2020 Markin Hall, University of Lethbridge

3) Learning Plan

Students will develop an individualized learning plan relevant to the acute setting and the students' identified learning needs, identified through practice reflection. The learning plan will include a minimum of **two broad goals** that are supported by *at least three learning objectives* that address *knowledge*, *skill* and *attitude* learning domains.

- Each *goal* should be directly related to at least one CARNA Nursing Practice Standard Indicator, as in the CARNA Continuing Competence expectations.
- Each goal should demonstrate depth of learning with measurable learning objectives and clearly described learning resources and activities.

The learning plan should be developed in consultation with the practice instructor and should be reviewed at both midterm and final evluations, making adaptations as needed to reflect student growth and further identified learning needs.

The learning plan will be completed using the Learning Plan Template (available in Moodle) and will be submitted to the practice instructor. Based on feedback from your practice instructor, you may be required to amend and re-submit your learning plan. Resrouces for creating an individual learning plan are located on Moodle.

Due date: Week 2 of practicum (specific date will be determined by individual practice instructors)

4) In-Conference Participation

Students will be required to participate in on-site practice conferences. These conferences will be held every practice day for approximately one hour. The conferences will allow students to discuss practice issues and topics that arise out of their practice experiences, and students will be expected to participate actively in the discussions to receive a passing grade. Conference participation will provide students with the opportunity to reflect on their nursing practice

Due Date: Ongoing; as determined by individual practice instructors

5) Reflective Journals

Students are required to do ***a minimum*** of six reflective journals throughout the practice experience. Reflections should incorporate supportive literature as 'evidence' in an effort to corralate clinical experiences with reserach as a means of adding insight, clarity, and guidance for practice improvement and professional growth.

Due Date: Ongoing; as determined by individual practice instructors

6) Midterm and Final Self-Evaluations

Students are required to assess their practice on a weekly basis and provide narrative documentation to support self analysis using the NESA BN Program's practice evaluation tool. It is expected that the midterm and final evaluation discussions will be student lead, based on student self evaluation. We encourage students to discuss their progress regularly with the practice instructor. This process will encourage open communication between the student and the instructor and timely intervention if needed.

Due Date: As determined by practice instructor

NOTE: Midterm and Final Evaluations are not to take place during regularly scheduled clinical hours. As such, Students are expected to meet with instructors outside of clinical time to complete these evaluations.

GENERAL GUIDELINES FOR ASSIGNMENTS

All written assignments are the original work of an individual student. Using the work of others in assignments without appropriate recognition (citation) constitutes the academic offence of plagiarism and could result in a failing grade for the course (see Academic Calendar under Student Discipline for further information).

In accordance with university regulations on duplication, "no student shall submit in any course or program of study, without both the knowledge and approval of the person or persons to whom it is submitted, all or a substantial portion of any academic assignment for which credit has previously been obtained or which has been or is being submitted in another course or program of study in the University or elsewhere". (U of L 2014/2015 Calendar, p. 78).

The correct application of APA (2010) guidelines is a consideration in the evaluation of written assignments. All papers, in accordance with APA guidelines, should be typewritten double-spaced, on unlined paper, with a minimum of 1-inch (2.5 cm) margins all around. Include a title page, reference list, and appendices (if needed). It is strongly recommended that you familiarize yourself with the format particularly in relation to the use of quotations, abbreviations, headings, and how to correctly cite various sources. Chapter 3 (Writing Clearly and Concisely) (pp. 61-86) in the APA manual (6th ed.) can be helpful in the development of a scholarly writing style.

As per NESA policy, the grades of late assignments can be reduced by 5% per day, unless extenuating circumstances have been discussed with the professor prior to the due date.

Refer to Part 4: Academic regulations, policies and program requirements in the University of Lethbridge calendar for further information.

EVALUATION

All practice courses are evaluated on a **pass/fail** basis. Evaluations will be conducted at mid-term and end of term. Students are expected to prepare a self-evaluation. The NESA BN Program's Practice Evaluation Tool will be used for the evaluation.

GRADING

Pass / Fail

LATE PAPERS/ASSIGNMENTS

All papers and assignments must be submitted by the beginning of clinical on the due date UNLESS AN ALTERNATE DUE DATE HAS BEEN ARRANGED WITH THE FACULTY MEMBER at least 48 hours in advance of the scheduled due date, at the instructor's discretion.

A late (date and/or time) paper or assignment will be assessed a five percent (5%) decrement for each day it is late, including holidays and weekends up to a maximum of 14 calendar days, after which a grade of zero will be assigned. All papers will be initially graded according to the assignment's original marking guideline, then the mark will be reduced by 5 percentage points per day.

Assignments can be submitted in paper and/or electronic format, as stipulated by the course instructor.

If an assignment is to be submitted late and on a holiday or weekend then an electronic copy should be submitted to the instructor as soon as possible. An identical paper copy must be submitted (unless alternate arrangements have been made) on the first working day following the holiday or weekend. If the paper copy is submitted to the instructor on the next working day then the calculation of penalty will apply to the submission of the electronic version.

Refer to Part 4: Academic Regulations, Policies and Program Requirements in the University of Lethbridge calendar for further information.

PLAGIARISM STATEMENT

The University of Lethbridge subscribes to Turnitin.com, a plagiarism detection service. Please be advised that student work submitted for credit in this course may be submitted to this system to verify its originality. Students must be able to submit both electronic and hard copy versions of their work upon request.

ATTENDANCE POLICY

Purpose:
Every day in nursing practice provides an opportunity to learn about human interactions, disease processes, health promotion or human response to health and illness. Nursing students are expected to be prepared for and able to perform the essential functions of the nursing role as assigned in the lab or nursing practice placements in order to graduate. Absence from required practice hours may impact a student's ability to meet course objectives/outcomes. In order to support optimal student learning and to meet professional program requirements, **attendance in all assigned practice days is required**.

Consistent with the Code of Ethics (Canadian Nurses Association, 2008), nursing students are expected to demonstrate accountability and integrity. Attendance in nursing course work is a matter of professional conduct.

The Nursing Practice Standards (College & Association of Registered Nurses of Alberta, 2005) also state that a nurse must ensure his/her "fitness to practice" (p. 5). Accordingly, the Student Placement Agreement (2011) with our clinical partners defines this concept for students (see below). There may be numerous conditions or changes in health status that can compromise your fitness to practice. Some examples may include a newly diagnosed medical condition or a pregnancy. When you become aware of such conditions or changes in health status, it is important for you to discuss the potential implications for your own health and safety or the health and safety of others with your clinical instructor, and with the Practice Coordinator.

Definitions:
"Nursing practice" in this policy means all lab components, activities and scheduled hours/shifts assigned for the development of the competencies required for the professional practice of a bachelor's degree prepared registered nurse.

"Absence" means a student is unable to be physically present to engage in the scheduled/assigned nursing practice activities for a course.

"*Fitness to Practice*": Congruent with the CARNA Nursing Practice Standards related to fitness to practice for registered nurses "fitness to practice means the physical, mental and emotional capacity to practice safely in accordance with the placement" (SPA, 2012, p. 2).

Policy Statements:
1. Attendance at all scheduled components associated with nursing practice courses is required. Students who miss practice days are at increased risk for not successfully completing a nursing practice course.
2. Due to unforeseen circumstances, scheduled practice experiences may be changed or rescheduled (e.g., due to ward closure). Clinical faculty will notify students as soon as possible of any change in scheduled practice hours/shifts.
3. Winter driving in Alberta can be hazardous as a result of decreased visibility, poor road conditions and decreased vehicle performance. It is important to evaluate road conditions and consider not traveling if conditions are poor.
4. When an absence occurs (e.g., due to illness), it is the student's professional responsibility to notify the clinical instructor at least 30 minutes before their nursing practice is scheduled to begin.
5. A note from a health professional may be requested for an absence due to illness or injury, or any other condition that may affect the student's ability to successfully complete the program.
6. Travel, social, and recreational activities will not be accepted as valid or professionally justifiable reasons for absence from scheduled nursing practice.

7. It is each student's responsibility to plan any scheduled commitments outside of the "term dates" listed in the academic calendars of the Lethbridge College and the University of Lethbridge.
8. Cumulative practice hours will be tracked in relation to standards (e.g., employer standards for the minimum practice hours required for employment as an undergraduate nurse).
9. Absences due to bereavement will be addressed on an individual basis by the Practice Course Lead/Coordinator in consultation with the Chair/ Dean.
10. Requests for absences may be subject to review and approval by the Dean or designate.
11. A Practice Enhancement Plan may be initiated by an instructor/professor for any student with an absence from a nursing practice course. A Practice Enhancement Plan is designed to support student success in meeting practice course requirements and outcomes.

Refer to the 2015/2016 BN Programs NESA Student Handbook for further information.

LEAVE OF ABSENCE

Request for LOA shall be made in writing to the Dean at the respective institution. All such leaves will be considered on an individual basis. All leaves of absence will be assessed on an individual basis by the Dean at the respective institution to determine the need for the student to complete makeup days. The student should be aware that a leave of absence may necessitate a delay in writing NCLEX exams.

NESA STUDENT UNIFORM / DRESS POLICY

Ethical Principles Underlying the NESA Student Dress Policy:
It is the responsibility of the students to assure that they present themselves appropriately during clinical practica. Principles include:

- Do no harm – It is the responsibility of students to comply with the dress code in order to minimize risk of infection. For example, evidence suggests that gel nails present an increased risk of infection. Further, dark nail polish reduces visibility of the nail tip for adequate cleaning.
- Respect for persons – It is the responsibility of students to respect the dignity of persons. Student personal attire should not offend clients (e.g., no low cut, revealing clothing and covering extensive tattoos).
- Diversity – It is the responsibility of students to respect the diversity by gender, culture, age, sexual orientation etc. Student personal attire should not offend clients (e.g., no low cut, revealing clothing and covering extensive tattoos).
- Autonomy – It is the student's responsibility to be appropriately attired for the setting of practicum placements. Student self-determination and self-expression must be balanced against the professional ethical principles of doing no harm, and respect for the dignity and diversity of all persons.

Principles for the Regulations of the Dress Code:

- Complies with Occupational Health and Safety standards
- Complies with the No Scent Policy
- Complies with the standards of the applicable health organization for all clinical practica.
- Requirements for appropriate dress include:
    - **The NESA name tag must be worn by all students**
    - **The colour of NESA uniforms is storm blue**
    - **A clean white lab coat must be used to cover street clothing for all students entering health care facilities to prepare for practica (unless otherwise directed)**
    - **Hair pulled back from the face (as appropriate for clinical settings)**

SUPERVISION OF STUDENTS IN CLINICAL PRACTICE

Nursing students in a NEPAB approved nursing education program that leads to entry-to-practice as a registered nurse are not regulated by the College and Association of Registered Nurses of Alberta [CARNA], and are therefore considered unregulated workers under the Health Professions Act [HPA] (2000) (CARNA, 2005). As unregulated workers, baccalaureate nursing students are only able to perform restricted activities if a regulated member of the profession (i.e. a registered nurse) consents to and supervises them in the performance of the restricted activity (CARNA, 2005).
"Restricted activities are regulated health services which have been identified as involving a significant degree of risk to the public. They are also activities that demand specific competencies on the part of the

person performing them" (Alberta Health & Wellness, 2000, p.12). Further details regarding restricted activities can be found in Schedule 7.1 of the Government Organization Act (GOA), and Appendix C of the CARNA document, "*Standards for Supervision of Nursing Students and Undergraduate Nursing Employees Providing Client Care"*.

"Supervision is defined as consultation and guidance by a regulated member of a regulated health profession in the practice setting. The nursing student is responsible for requesting consultation or guidance from the regulated member when they need assistance. Supervision may be direct, indirect, or indirect remote:

a) **Direct** supervision means a regulated member is present in the practice setting at the point of care. This means that the regulated member is providing supervision "at the side of" the nursing student
b) **Indirect** supervision means that the regulated member is available for guidance and consultation, but is not directly at the side of the nursing student. This means that the regulated member is readily available in the unit or in the same location where the care is being provided. In community health settings, being readily available in the same location where the care is being provided would mean that the regulated member is physically present in the clinic setting.
c) **Indirect remote** supervision means that the regulated member is available for consultation and guidance but is not physically present in the location where the care is being provided but is able to be contacted through the use of technology, telephone, pager or other electronic means when the nursing student needs verbal assistance or guidance in providing client care." (CARNA, 2005, p.2).

NESA students may practice under all these levels of supervision during the delivery of clinical courses, as determined by their nursing instructor or registered nurse preceptor. The decision regarding the appropriate level of supervision will be made in consultation with the nursing student(s) and will take into consideration the student's competencies and the activities in which the student will be engaged. Supervision in agency settings will generally be direct or indirect; however, community project clinical supervision will frequently be provided at the indirect remote level. When participating in a community project clinical experience, the clinical instructor will be available by cell phone at all times and will frequently, but not always be in attendance at the agency. *Please note that students should not engage in any independent restricted activity that they are not competent and confident in performing regardless of the assigned level of supervision, and should request additional supervision from their instructor/preceptor if they feel they require it. Furthermore, students are expected to display professionalism and accountability at all times while in the clinical practice environment.*

ACCOMMODATIONS FOR STUDENTS WITH A DISABILITY

Reasonable accommodations are available for students who have a documented disability. If you have been diagnosed with a disability, there is no need to face the challenge of University without support. Please contact the Accommodated Learning Centre at 403.329.2766 to set up an appointment https://www.uleth.ca/ross/accommodated-learning-centre/. After registering with the Accommodated Learning Centre your instructor will be notified by a formal letter of any accommodations you require. In addition, students are responsible for requesting accommodations from the instructor at least ***two weeks*** in advance of the evaluation date. The instructor and student are jointly responsible for arranging the resources needed for the evaluation process**.**

COPYRIGHT STATEMENT

All University of Lethbridge students, faculty and staff must comply with Canadian law and institutional license agreements pertaining to copyright. At the same time, keeping abreast of our copyright obligations and options is a complex task as copyright matters locally and globally are in flux and are likely to remain so for at least the near future.

The University's Copyright website (www.uleth.ca/copyright) is a source of current copyright information that includes:

- answers to common copyright questions (see the FAQs),
- guidance on whether you need permission or a license to copy a particular work (see the Copyright Permissions Flow Chart),
- guidance on assessing whether fair dealing may apply to specific instances of copying you wish to undertake (see the Guidelines for Copying under Fair Dealing), and
- a permissions look-up tool to help you determine the kinds of copying and other uses permitted by the Library's license agreements covering specific online journals and other online resources.

You are encouraged to contact the University Copyright Advisor (copyright@uleth.ca) for assistance with any copyright questions or issues.

REFERENCES

Alberta Health and Wellness, Health Workforce Planning. (2000). *Health Professions Act: An overview.* Edmonton, AB: Author.

College and Association of Registered Nurses of Alberta. (2005). *Standards for the supervision of nursing students and undergraduate nursing employees providing client care.* Edmonton, AB: Author.