

Counselling Psychology Practicum

The Counselling Psychology program includes two practicum placements. These placements allow you to experience counselling in practice and are aimed at skill development in real counselling settings.

The general goal of the Counselling Psychology Practica is to provide students with an opportunity to develop a broad range of counselling skills and interventions, under the supervision of an experienced counsellor. Practicum II is designed for students who wish to specialize in any one form of intervention, or with any one particular client group. This page is intended to do two things:

1. Give you a quick overview of the process.
2. Impress on you the need to be very organized over the course of a school year to be sure that you do not miss any key dates for setting up practica and practicum agreements.

The guidelines and procedures for practicum placements have recently been revised. Please take care in reviewing the new procedures and forms that are now required.

Students in the Master of Education (Counselling Psychology) program are responsible for making their own arrangements for both practicum placements: Education 5709 Counselling Psychology: Practicum I and Education 5711 Counselling Psychology: Practicum II. Preparation for the practicum should begin at least **8 months prior** to the course start date.

Practicum orientation meeting will be scheduled in early November of the first year of program to discuss timelines, procedures, and policies.

Prior to the start of practicum:

1. Carefully review the timelines and guidelines as noted in the [Counselling Practicum Handbook](#).
2. Review the list of [Approved Supervisors](#) and [Approved Practicum Sites](#). Contact potential approved practicum supervisors/sites in your local area.
3. If you have a preferred practicum site or supervisor that is not listed as already approved, contact the potential supervisor/site in your local area. Provide potential supervisors/sites with the [Counselling Practicum Handbook](#).
4. Once the proposed supervisor has agreed to supervise you in your practicum, please refer to the [Counselling Practicum Handbook](#) for instructions and the relevant forms that need to be submitted to finalize the practicum placement.
5. It is important to have a back-up alternative in case your placement is not approved.

Related Links:

[Canadian Counselling and Psychotherapy Association \(CCPA\) Practicum Supervisor Requirements](#)