

M.ED. SPECIAL STUDY THEME FOCUS on

# addictions & mental health counselling

## University of Lethbridge A Master of Education (Counselling Psychology) Program with a focus in Addictions and Mental Health

Summer 2012

(Application Deadline November 1, 2011)

This study theme is designed to train counsellors who can effectively deal with the fallout from alcohol and drug abuse, as well as other addictions such as gambling and sexual addiction. The program recognizes the importance of interventions at the individual, group, and family level. This program brings together the well-regarded expertise of the University of Lethbridge programs in Health Sciences and Education.

**Mode of Delivery:** The program will be offered on campus using a variety of teaching options including evenings, weekends, and on-campus summer intensive courses. It is anticipated that video conferencing will be used for out-of-region students for practica and practica seminars.

- Face-to-face throughout, part-time program
- Fall/Spring/Summer Session I – two evenings a week or weekends
- Summer Session II (July) – face-to-face seminars
- Practica in 2nd and 3rd Years – two days/week at agency plus weekend seminars
- Project or Capstone – A series of face-to-face all day Saturday meetings or evening meetings

**Cost:** A quality program for a reasonable cost – approximately \$10,000 – in accordance with University regulations for a Master of Education degree.

**Core Courses:**

- Education 5704 Counselling Psychology: Skills
- Education 5705 Counselling Psychology: Theory
- Education 5706 Counselling Psychology: Interventions
- Education 5707 Counselling Psychology: Assessment
- Education 5708 Counselling Psychology: Career Counselling
- Education 5709 Counselling Psychology: Practicum I
- Education 5711 Counselling Psychology: Practicum II

**Additional Requirements:**

- Undergraduate degree in Addictions Counselling or related field
- Courses in addictions and mental health (particular emphasis paid to courses in addictions counselling, counselling skills, counselling interventions, psychological disorders, and mental health)
- Work experience in an addictions counselling or mental health setting
- Volunteer experience in addictions or other counselling settings is also desirable

Graduates of Health Sciences (Addictions Counselling) Program  
working in the areas of addictions and mental health are invited to apply.

Contact [joyce.ito@uleth.ca](mailto:joyce.ito@uleth.ca)  
or call 403-329-2425/1-800-666-3503.

